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SINGAPORE EDITION

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Sanctuary for Luxury Living  
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## LTPA Solution Co., Ltd

Addressing Dementia  
Through Innovation

**TASSANEE WANNATHONG**  
Empowerment in the

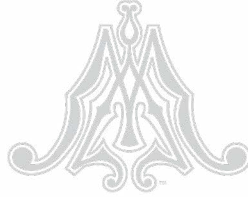
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# Where Luxury Meets Mindfulness A Journey into the Heart of Wellness

by Toh Mu Qin

*From state-of-the-art wellness technologies to serene retreats nestled in picturesque settings, we unravel the burgeoning trend of wellness luxury and its impact on the lives of the elite.*

In this edition of Millionaireasia magazine, we embark on an exploration of the dynamic landscape of wellness luxury, delving into the seamless integration of extravagance and mindfulness within the contemporary lifestyles of the affluent. From state-of-the-art wellness technologies to serene retreats nestled in picturesque settings, we unravel the burgeoning trend of wellness luxury and its impact on the lives of the elite.

One of the highlights of this issue is our exploration of cutting-edge technologies and digital solutions aimed at assisting senior citizens and their caretakers in managing health concerns such as dementia. Through LHWY International Pte Ltd, our sister company's partnership with Charsire Biotechnology Corp., and LTPA Solution Co., Ltd, we shed light on proactive initiatives like the "Dementia Awareness" programme, which aims to delay cognitive decline through education, technology, and health supplements. Our collective efforts strive to alleviate the global dementia crisis, offering support to patients and caregivers alike, enhancing their overall well-being and quality of life.

Furthermore, we invite you to be inspired by our front cover, Vega Natural Co., Ltd's CEO, Miss Tassanee Wannathong's empowering entrepreneurial story, and embark on a journey of discovery as we showcase alternative cancer treatment methods offered by the Singapore Institute of Advanced Medicine Holdings Ltd.

While wellness takes centre stage in this issue, we stay true to Millionaireasia's ethos by spotlighting prominent personalities and high-net-worth individuals. Discover the epic travel experiences of John-Paul Thorbjornsen, renowned as the inaugural owner of the bespoke ACH130 Aston Martin Edition helicopter, alongside the esteemed CEO of Silent Yachts, Michael Kohler, as we explore the forefront of sustainable luxury yachting innovation.

As always, we've curated an eclectic mix of content, from captivating stories on supercars to sustainable fine jewellery, and wines and spirits with an artistic twist that transcends time.

We hope this issue inspires you to embrace a lifestyle that combines luxury with wellness, enriching your life in more ways than one. 🌿

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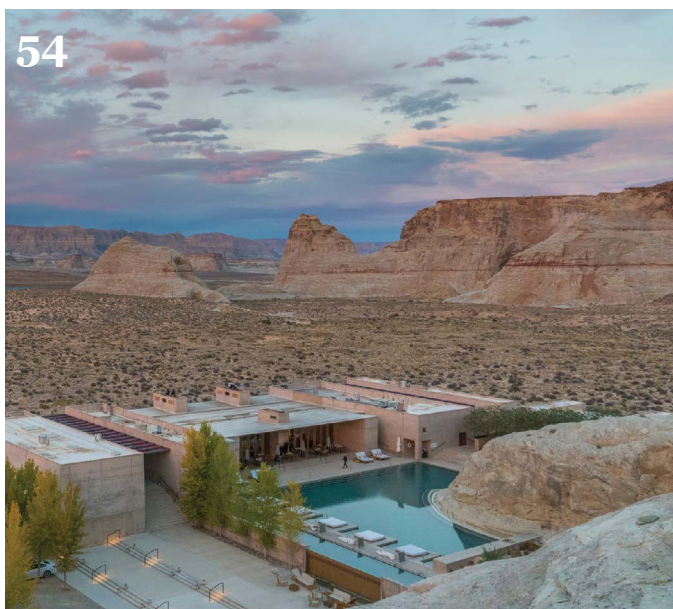
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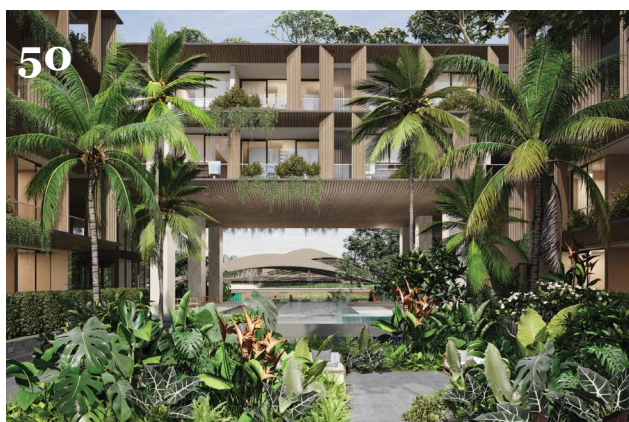
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# Art SG 2024

## A Vibrant Showcase of Contemporary Art

by Alexis Toh

Art enthusiasts, collectors, and industry insiders converged at the Sands Expo and Convention Centre, Marina Bay Sands, from 18 to 21 January 2024, for the eagerly awaited second edition of ART SG. Presented by UBS, this international art fair solidified Singapore's position as a hub for contemporary art in Southeast Asia.

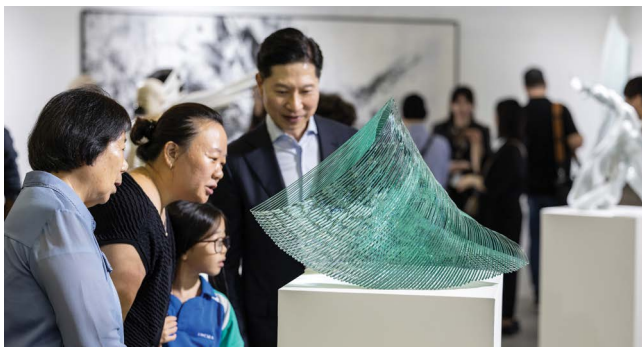
Featuring a notable line-up of 116 galleries from around the world, ART SG 2024 showcased a diverse array of contemporary artworks, installations, and thought-provoking conversations. Renowned galleries such as Gagosian, White Cube, and Thaddaeus Ropac were among the participants, alongside 38 new exhibitors, adding fresh perspectives to the artistic landscape.

The fair's dynamic atmosphere was palpable as visitors from 33 countries and territories explored the offerings of galleries from Singapore, Southeast Asia, and beyond. With a record attendance of 45,303 visitors, ART SG 2024 underscored its significance as a premier destination for art enthusiasts and collectors alike.

Spread across two floors, the fair presented a curated selection of artworks in various sectors, including large-scale installations (PLATFORM), film screenings (ART SG FILM), and insightful discussions (ART SG PERSPECTIVES). This diverse programme offered attendees a comprehensive immersion into the world of contemporary art.



Photos: ART SG 2024. Courtesy of ART SG.



One of the highlights of ART SG 2024 was its role in Singapore Art Week, where the city's vibrant cultural scene came alive with exhibitions, events, and showcases across various institutions and galleries. This collaboration further enriched the cultural landscape of Singapore and provided visitors with a multifaceted experience.

Magnus Renfrew, co-founder of ART SG, expressed delight at the overwhelming response to the fair, underlining its importance as the first major art event of the year. With solid sales reported by participating galleries and enthusiastic engagement from both local and international visitors, ART SG 2024 demonstrated the increasing influence of Singapore's art market on the global stage.

The fair's success was echoed by Shuyin Yang, fair director of ART SG, who highlighted the strong participation and

commitment of galleries, collectors, and art lovers. The growing interest in ART SG reflects Singapore's emergence as a hub for contemporary art in the Indo-Pacific region.

International collectors, curators, and institutional representatives from across the globe attended ART SG 2024, further cementing its reputation as a key event on the international art calendar. Their presence accentuated the fair's role in fostering dialogue, discovery, and exchange within the global art community.

Sales were brisk throughout the four-day event, with galleries reporting significant transactions and placements in private and institutional collections. Works by acclaimed artists fetched impressive prices, reflecting the strong demand for contemporary art in the region.

The positive response from participating galleries reaffirmed ART SG's role in showcasing outstanding artworks and nurturing emerging talents. From established names to rising stars, the fair provided a platform for diverse voices and perspectives to thrive.

Looking ahead, the organisers announced the dates for the next iteration of ART SG, scheduled for 17 to 19 January 2025, with a preview day on 16 January 2025. As anticipation builds for the third edition, ART SG continues to set the stage for dynamic interactions and meaningful encounters within the global art community. 🌐

# Advancing Healthcare

A Review of the SGX Listing Event for Singapore Institute of Advanced Medicine Holdings Ltd

by Alexis Toh



In healthcare, technological advancements significantly influence patient care and treatment outcomes. Against this backdrop, the SGX Listing Event for Singapore Institute of Advanced Medicine Holdings Ltd (“SAM Holdings”) on 16 February 2024, marks a significant milestone in the healthcare industry. Hosted by SGX Securities, this event served as a platform to celebrate the debut of SAM Holdings on the stock exchange and shed light on its innovative approach to healthcare delivery.

### **SAM Holdings – An Epitome of Innovation**

Founded in 2011, SAM Holdings stands out as an innovative force in the healthcare sector, driven by a strong dedication to utilising advanced technology for early diagnosis and precise treatment. With a focus on addressing a wide spectrum of diseases, including cancer, neurodegenerative, and cardiovascular conditions, SAM Holdings exemplifies a forward-thinking approach to healthcare delivery.



The Group's strategic vision revolves around the establishment of a comprehensive one-stop ambulatory cancer centre, aimed at overcoming the complex challenges associated with cancer diagnosis and treatment. By assembling a dedicated team of professionals and experts from the industry, SAM Holdings endeavours to provide holistic solutions that not only alleviate the fear of cancer but also enhance patients' quality of life through ongoing support and care.

### **Listing Ceremony – A Symbol of Progress**

The listing ceremony, which commenced promptly at 9am with the striking of the gong, signified a monumental milestone in SAM Holdings' journey. As representatives from SAM Holdings, SGX Securities, and esteemed guests gathered to mark this auspicious occasion, the air buzzed with anticipation and excitement.

Adding to the celebratory ambience was a riveting traditional lion dance performance, infusing the venue with energy and enthusiasm. The dynamic movements of the lion dancers captivated the audience, embodying the spirit of prosperity and success associated with new beginnings. This symbolic gesture not only highlighted the optimism surrounding SAM Holdings' listing but also served as a precursor to the promising prospects that lay ahead for the company.

Following the ceremonial proceedings, guests were treated to a delightful array of light snacks and refreshments, allowing them to mingle and celebrate SAM Holdings' achievement in a relaxed and congenial setting. From savoury finger foods to refreshing beverages, the spread provided a great opportunity for guests to savour the moment and engage in meaningful conversations. The convivial atmosphere further strengthened the sense of camaraderie among attendees, fostering connections among industry leaders, investors, and stakeholders.

### **Key Highlights of SAM Holdings**

SAM Holdings' strategic vision of establishing a comprehensive cancer centre reflects its unwavering commitment to addressing the complicated challenges inherent in cancer care. By adopting a multidisciplinary approach and harnessing advanced technologies, the Group aims to redefine the standard of care in cancer diagnosis and treatment, ultimately improving patient outcomes and quality of life.

Central to SAM Holdings' approach is the integration of advanced technology for early diagnosis and precise treatment. Through the incorporation of cutting-edge medical technologies, including state-of-the-art diagnostic tools and therapeutic modalities, the Group empowers healthcare professionals to deliver personalised and targeted interventions, thereby enhancing the efficacy of treatments and optimising patient outcomes.

SAM Holdings' emphasis on collaboration and knowledge sharing within the healthcare industry shows its commitment to driving innovation and excellence. By bringing together a diverse team of professionals and experts, the Group fosters a culture of collaboration that facilitates the exchange of ideas, expertise, and best practices. This collaborative approach paves the way for meaningful advancements in patient care and treatment, ultimately benefiting individuals and communities alike.

The listing of SAM Holdings on the SGX presents an attractive investment opportunity for stakeholders seeking exposure to the burgeoning healthcare sector. With its innovative approach, robust growth prospects, and commitment to delivering value to investors, SAM Holdings is ready for sustainable growth and value creation in the long term. Investors can expect to be part of a dynamic and forward-thinking company that is committed to making a positive impact on the healthcare landscape.

The SGX Listing Event for Singapore Institute of Advanced Medicine Holdings Ltd represents a noteworthy milestone in the advancement of healthcare delivery. With its innovative approach, strategic vision, and commitment to excellence, SAM Holdings epitomises the potential of technology in reshaping the future of patient care and treatment outcomes. As the Group embarks on this new chapter as a publicly listed company, investors and stakeholders alike can look forward to witnessing continued growth, innovation, and success in healthcare delivery. 🏆



# Singapore Airshow 2024

**A Celebration  
of Aviation  
Advancements**

by Alexis Toh

“  
*It offers the exact performance and flexibility that is required for this undertaking and we can't wait to follow this journey soon.*

- Frederic Lemos

In the heart of the bustling Changi Exhibition Centre, amidst the excitement of the Singapore Airshow 2024, aviation enthusiasts and industry leaders witnessed an impressive display of innovation and collaboration that heralded a new era in aerospace technology.

Central to the event was the unveiling of the ACH130 Aston Martin Edition, a collaborative masterpiece between Airbus and Aston Martin that embodied luxury and performance in the aviation industry. Presented by none other than John-Paul Thorbjornsen (JP Thor), the owner himself, this exclusive helicopter captivated audiences with its



flawless craftsmanship and cutting-edge design. As JP Thor unveiled his plans for future expeditions, including the epic North and South Pole journey with the ACH130 and ACH125 helicopters, attendees were enthralled by his passion for adventure and innovation.

The signing ceremony that happened at Singapore Airshow 2024 sealed JP Thor's order of the ACH125.

"We are so happy that JP has selected the ACH125 for such an important mission. It offers the exact performance and flexibility that is required for this undertaking and we can't wait to follow this journey soon," said Frederic Lemos, head of Airbus Corporate Helicopters.

In addition to the anticipation surrounding the ACH130 Aston Martin Edition, the Singapore Airshow 2024 also served as a platform for industry leaders to discuss key issues facing the aviation sector. From discussions on sustainable aviation fuel production to announcements of future aircraft designs, the event highlighted the industry's commitment to innovation and environmental sustainability. As attendees engaged in thought-provoking conversations and exchanged ideas, they reaffirmed their collective determination to shape a more sustainable future for aviation.



As the Singapore Airshow 2024 came to a close, attendees departed with a renewed sense of optimism for the future of aerospace technology. The event's strong trade attendance, signalling a robust recovery in the aviation sector, highlighted the industry's resilience in overcoming challenges. Looking ahead, the collaboration between JP Thor and Airbus represents hope for the future of aerial exploration, inspiring individuals around the world to dream big and reach for the skies. The Singapore Airshow 2024 not only celebrated aviation excellence, but also showcased the power of collaboration and innovation in shaping the future of aerospace technology. 🏆

# Youthlocked

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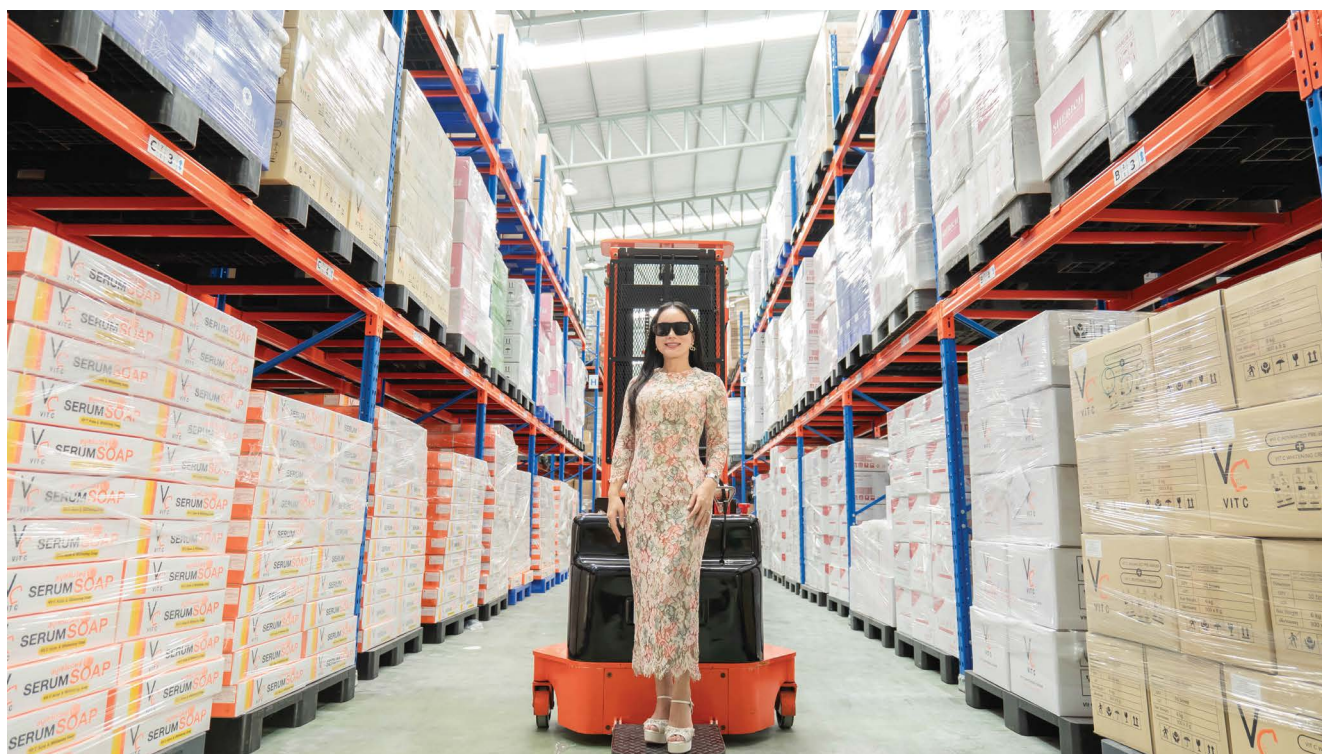
*Be beautiful, strong, and intelligent. By prioritising mental and physical well-being, cultivating a positive mindset, and seeking support when needed, women can overcome obstacles and achieve their goals.*

- Tassanee Wannathong

# Radiant Ventures

Miss Tassanee Wannathong's Inspiring Story of Success

by Toh Mu Qin



Nestled amidst the cacophony of urban life in the bustling thoroughfares of Bangkok lies a story of resilience and ingenuity personified by Miss Tassanee Wannathong. As the visionary mind behind Vega Natural Co., Ltd., she epitomises entrepreneurial success. Miss Wannathong's journey from humble beginnings to entrepreneurial prominence reflects the power of perseverance and creativity. With a strong commitment to her passion and a keen eye for opportunity, she has not only made an impact in the beauty industry but also paved the way for women's advancement in the business world.

In her capacity as the founder and CEO of Vega Natural Co., Ltd., Miss Wannathong's resolute determination towards achieving success has driven her company to the forefront of the market, setting new standards for quality and innovation. Her story serves as an inspiration to individuals globally, showcasing the boundless potential of those fuelled by passion and purpose.

### From Vision to Reality

Miss Wannathong's entrepreneurial journey sprouted from her love for beauty and wellness, a passion that kindled a relentless pursuit of her dreams. With the vibrant pulse of Bangkok as her backdrop, she meticulously laid the foundations of her vision, driven by her belief in the positive effects of cosmetics and dietary supplements. In 2014, she took the plunge into entrepreneurship, founding Vega Natural Co., Ltd.



Vega Natural Co., Ltd is an Original Equipment Manufacturing (OEM) and Original Design Manufacturing (ODM) company capable of producing and delivering cosmetics and dietary supplements for clients in Thailand and international markets. What sets the company apart is its commitment to upholding international standards and certifications. With credentials such as GMP, ISO, HACCP, and Halal, the company ensures that its manufacturing processes adhere to the highest levels of quality and safety. This dedication to eminence has positioned Vega Natural Co., Ltd as a preferred partner for brands looking to deliver premium products to their consumers.



Vega Natural Co., Ltd's comprehensive services encompass every stage of product development, from research and formulation to advanced manufacturing and packaging. With a cutting-edge production facility spanning over 15,000 square metres and operating around the clock, the company has the ability to produce over 2 million units per month, making it a trusted choice for clients with high-volume production needs.

Beyond its state-of-the-art facilities and stringent quality standards, Vega Natural Co., Ltd places a strong emphasis on fostering a positive work culture. The company's team of experts collaborates closely with clients to understand their requirements and deliver tailored solutions. Through mentorship programmes, continuous training, and performance evaluations, Vega Natural Co., Ltd empowers its employees to excel and innovate in their respective roles.

Needless to say, Vega Natural Co., Ltd's success lies in its customer-centric approach. The company's marketing team works hand-in-hand with clients to develop branding strategies, packaging designs, and marketing campaigns that resonate with their target audiences. This personalised approach ensures that clients receive comprehensive support throughout the product development and launch process.

Vega Natural Co., Ltd. strategically appeals to high-net-worth individuals, particularly millionaires across Asia, through a



versatile approach aimed at delivering exclusivity, luxury, and personalised experiences. By prioritising premium packaging, the company ensures that its products exude sophistication and desirability, catering to the discerning tastes of affluent consumers. Moreover, selective collaborations with local celebrities and influencers enhance the brand's visibility and credibility, making it more attractive to high-net-worth individuals seeking prestige and endorsement.

In addition, Vega Natural Co., Ltd offers exclusive products, such as limited editions, which create a sense of exclusivity



and allure among well-heeled clientele. Partnerships with luxury spas and salons provide an elevated experience, aligning with the opulent lifestyle of high-net-worth individuals. Furthermore, the company's commitment to charitable initiatives resonates with affluent consumers who value philanthropy, further enhancing brand loyalty.

Personalised services, including customised skincare routines and supplement recommendations, cater to the exceptional preferences and needs of high-net-worth individuals, cultivating a deeper connection with the brand. By hosting

health and wellness events and implementing loyalty programmes, Vega Natural Co., Ltd nurtures a community of affluent consumers, driving repeat purchases and brand loyalty among this demographic. Through these strategic initiatives, Vega Natural Co., Ltd. effectively positions itself as a preferred choice for high-net-worth individuals across Asia, expanding its market presence and influence.

Vega Natural Co., Ltd.'s proudest moment occurred during its attendance at the recent global beauty expos, COSMOPROF CBE and COSMEX, in 2023. The company's participation proved to be a resounding success, providing a valuable opportunity to showcase innovative products and connect with industry professionals worldwide. However, the pinnacle of achievement came with the honour of receiving the prestigious Thailand Top Spender Award 2023.

Presented by esteemed international partners, this accolade recognised Vega Natural Co., Ltd.'s significant contributions to the beauty industry. The award ceremony placed emphasis on the collective efforts of Miss Wannathong's entire team, showcasing their dedication to delivering the highest quality products and services to customers. Grateful for this recognition, the company pledges to continue striving for advancement in the future.

Participation in COSMOPROF and COSMEX not only provided a platform to introduce Vega Natural Co., Ltd.'s latest innovations to a global audience but also facilitated the forging of new partnerships and exploration of potential collaborations with leading beauty brands and distributors. The showcased cutting-edge skincare, haircare, and dietary supplement products garnered enthusiastic reception from expo attendees, affirming the company's commitment to innovation and quality.

What's more – another source of pride for Miss Wannathong is the OEM for Singapore-based company LHWY International Pte Ltd. Vega Natural Co., Ltd.'s involvement in manufacturing perfume, Fragrance Young, and dietary supplements, Vitality Young, for LHWY International Pte Ltd reaffirms its reputation as a trusted partner in the industry.

Fragrance Young features an exquisite collection comprising six distinct scents, each curated to captivate the senses and leave an indelible impression. Scheduled for release in the second quarter of 2024, Fragrance Young promises to redefine the olfactory landscape with its innovative approach and unparalleled quality. What sets this collection apart are its one-of-its-kind fragrance profiles, thoughtfully concocted by master perfumers. From the sophisticated allure of Opulent to the playful charm of Sweetie, each scent offers a harmonious blend of notes that evoke emotions and

create unforgettable experiences. Fragrance Young invites individuals to embrace their unique identity and express themselves through the power of scent. These perfumes cater to a diverse range of tastes and styles, ensuring that there is a perfect fragrance for every individual.

On the other hand, Vitality Young boasts two products – Homme and Femme – designed to rejuvenate and revitalise both men and women respectively. For men seeking to optimise their performance and vitality, Vitality Young Homme is the ultimate solution. The specially formulated product is meticulously crafted to boost stamina and prolong the pleasure of intimacy. This product also helps in reducing fatigue, and aiding in weight management by targeting excess fat. With 100% natural extracts, Vitality Young Homme offers a holistic approach to men's health, ensuring optimal well-being from the inside out.

In contrast, Vitality Young Femme is designed to empower women and enhance their overall vitality. From promoting beauty and radiance to nourishing women's health, this incredible product does it all. It enhances firmness in the intimate area, alleviates menstrual pain, and reduces common symptoms of menopause. With Vitality Young Femme, women can embrace their youthfulness and vibrancy, reclaiming their confidence and vitality.

Both Vitality Young Homme and Vitality Young Femme are more than just products – they're a promise of rejuvenation and vitality. With their countless benefits and 100% natural formulations, they invite individuals to rediscover their inner vitality and embrace life to the fullest.

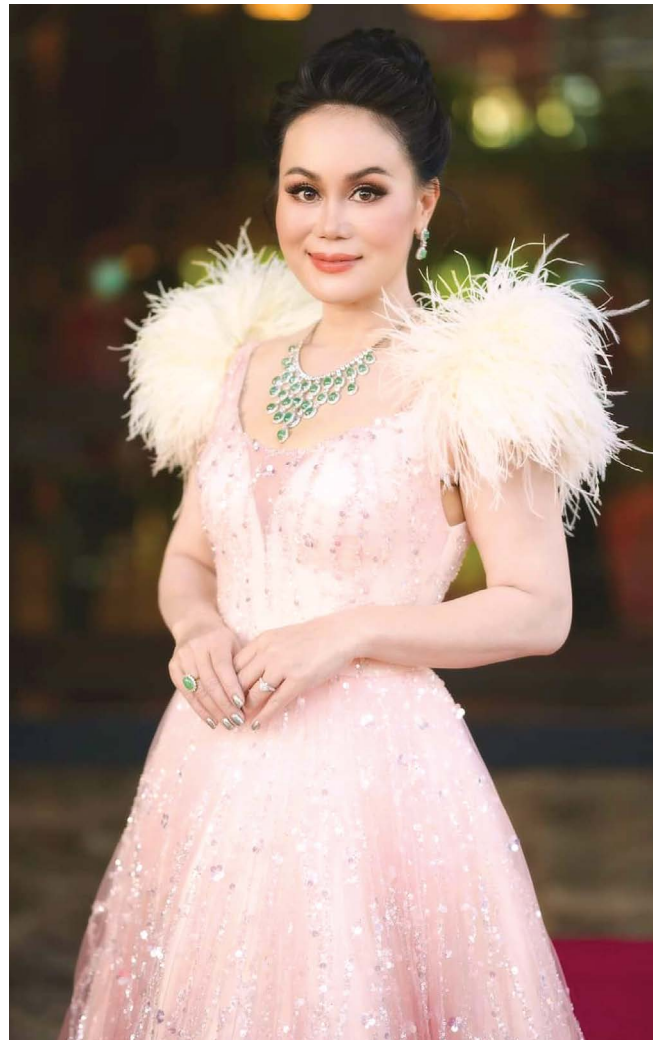
Miss Wannathong's path was not solitary but a collaborative journey with a dedicated team sharing her zeal and commitment to quality. Together, they weathered the storms of uncertainty, dedicating endless nights to brainstorming, planning, and crafting a business model that would distinguish their venture. Armed with a clear vision and a united front, they advanced into the competitive landscape, undeterred by the challenges that lay ahead.

Through strategic alliances, innovative marketing strategies, and unwavering commitment to customer satisfaction, their company steadily gained momentum, earning accolades. Miss Wannathong's proudest moments extend beyond professional milestones; they encompass the growth and well-being of her team, which she regards as the true measure of success. With over 200 employees under her wing, she takes pride in fostering a positive work environment that nurtures not only their professional growth but also their personal welfare.

For Miss Wannathong, success resonates beyond boardroom triumphs; it reverberates in the achievements of her children and the continuous support of her family. Their constant encouragement has been a cornerstone of her journey, providing solace amidst the rigours of entrepreneurship. In the ebb and flow of life, she finds solace in the embrace of loved ones, cherishing moments of respite in the course of her hectic professional life.

**Navigating Challenges with Grace**

Miss Wannathong's journey, though illustrious, has not been devoid of challenges. Among the myriad trials she faced, perhaps none tested her resolve more than the economic upheaval triggered by the COVID-19 pandemic. As the world grappled with uncertainty and volatility, she found herself navigating uncharted waters, confronting obstacles that threatened to undermine her company's progress.



Yet, in the face of adversity, Miss Wannathong's spirit remained unbroken. Rather than succumbing to despair, she approached each challenge with grace and grit, determined to emerge stronger on the other side. The pandemic, with its far-reaching implications, demanded swift and decisive action. Miss Wannathong rose to the occasion, steering Vega Natural Co., Ltd. through the storm with resilience and fortitude.

Central to her leadership during this trying period was an unswerving commitment to honesty and integrity. Recognising the importance of transparency, she fostered an environment of trust within her organisation, ensuring open communication and collaboration among team members. This culture of unity and solidarity proved invaluable as they weathered the storm together, navigating uncertainties with unwavering resolve.

For Miss Wannathong, every challenge presented an opportunity for growth and learning. The economic downturn spurred her to explore new strategies, innovate existing processes, and seek guidance from mentors and industry peers. Despite the obstacles encountered along the way, she remained firm in her dedication to her vision, refusing to waver in the face of difficulty.

The COVID-19 pandemic highlighted the importance of adaptability and resilience in the face of challenges. Miss Wannathong recognised the need to evolve her business strategies to meet the ever-changing demands of the market. With agility and foresight, she implemented measures to safeguard the long-term viability of her enterprise, ensuring the well-being of her team remained a top priority.

Throughout this tumultuous period, Miss Wannathong's leadership was characterised by empathy, compassion, and a genuine concern for the welfare of her employees. As other companies struggled with layoffs and salary cuts, she remained committed to her team, vowing not to leave anyone behind. Together, they confronted the trials and tribulations posed by the pandemic head-on, coming out stronger and more united than ever before.

### **Empowering Women, Enriching Lives**

Miss Wannathong's journey is defined by her unyielding commitment to integrity, leaving an enduring legacy that empowers women, enriches lives, and inspires others to follow in her footsteps.

Throughout her career, Miss Wannathong has illustrated the virtues of honesty and transparency, both in her personal relationships and professional endeavours. She firmly believes that integrity is the foundation of success, and

her actions consistently mirror this belief. By upholding the highest ethical standards, she has earned the trust and respect of her employees, associates, and customers alike, propelling her company, Vega Natural Co., Ltd., to new heights of success.

Miss Wannathong's entrepreneurial journey is also portrayed by her deep-seated commitment to women's empowerment. Recognising the unique challenges faced by women in the workplace, she has advocated for initiatives aimed at creating opportunities for women to thrive and succeed. Through mentorship programmes, leadership training, and equal employment opportunities, she has fostered a culture of inclusivity and equality within her organisation, empowering women to realise their full potential.

Beyond the confines of her business, Miss Wannathong's impact extends to the broader community, where she is a tireless advocate for social change and women's rights. Through philanthropic activities and community outreach programmes, she has worked to uplift marginalised women and provide them with the resources and support they need to build better lives for themselves and their families. Her dedication to enriching the lives of others is evident in every aspect of her work, leaving a lasting impression on those she touches.

As a devoted mother and visionary businesswoman, Miss Wannathong symbolises the art of balance, impeccably navigating the complexities of modern life with grace and poise. Her ability to prioritise both her professional and personal spheres represents her exceptional organisational skills. She leads by example, demonstrating that success is not measured solely by professional achievements but also by the impact one has on the lives of others.

In reflecting on her journey and looking toward the future, Miss Wannathong's perspective is brimming with hope and boundless possibility. Her indomitable spirit of entrepreneurship depicts the power of determination and resilience in the face of challenges. She envisions a world where women strive for brilliance in every aspect of their lives. She advocates for financial independence, challenges gender stereotypes, and emphasises the importance of self-care.

As she often stresses, "Be beautiful, strong, and intelligent. By prioritising mental and physical well-being, cultivating a positive mindset, and seeking support when needed, women can overcome obstacles and achieve their goals." She aspires to be remembered not only as a successful entrepreneur but also as someone who ignites positive change — a guiding light of motivation for women everywhere. 🌟

# Breaking Barriers in Oncology

## – A Journey of Impact

by Toh Mu Qin

In the healthcare industry, certain individuals emerge as inspirations of innovation, compassion, and dedication. Driven by a passionate desire to make a tangible difference in the lives of cancer patients, the team at Singapore Institute of Advanced Medicine Holdings Ltd stands out as exemplars of excellence in radiation oncology and proton therapy. Comprising Dr. Wong Ru Xin, Dr. Shaun Ho and Dr. Looi Wen Shen, these remarkable individuals bring a wealth of expertise, passion, and foresight to their roles, shaping the landscape of cancer care in Singapore and beyond.

Singapore Institute of Advanced Medicine Holdings Ltd, an institution at the forefront of medical innovation, is dedicated to enhancing cancer treatment and redefining the standards of patient care. With a focus on advanced technologies and personalised treatment modalities, the Group is committed to providing cutting-edge solutions to cancer patients, offering hope and healing in their journey towards recovery.





Together, Dr. Wong, Dr. Ho and Dr. Looi form the backbone of Singapore Institute of Advanced Medicine Holdings Ltd's renowned radiation oncology team, where their collective efforts have ushered in a new era of cancer care characterised by innovation, compassion, and patient-centred excellence. As they continue to treat patients, Dr. Wong, Dr. Ho and Dr. Looi work together collaboratively, demonstrating a spirit of equality and teamwork that highlights their commitment to making a tangible difference in the lives of cancer patients around the world.

#### **Dr. Wong Ru Xin – Championing Technological Advancement**

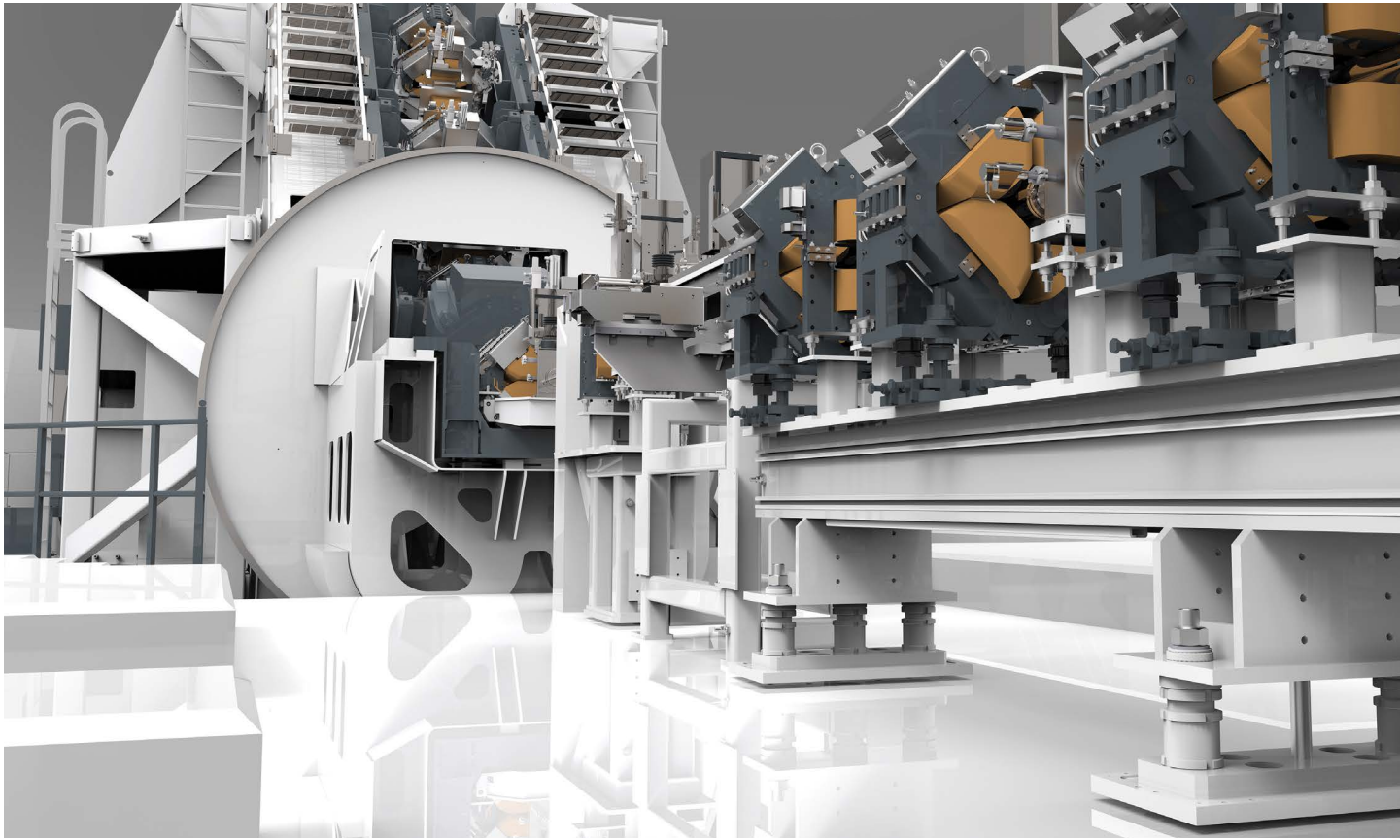
Dr. Wong Ru Xin's venture into radiation oncology brings to light the impact of serendipity and a steadfast dedication to utilising technological advancements for the betterment of cancer patients' outcomes. Her childhood, characterised by simplicity and fuelled by boundless curiosity, laid the foundation for a career driven by innovation and excellence in the field of medical science.

From an early age, Dr. Wong harboured a deep-seated fascination with the intersection of technology and healthcare. This innate curiosity, coupled with a relentless drive to make a meaningful impact, propelled her towards a career dedicated to pushing the boundaries of cancer care through the integration of cutting-edge technologies. As she embarked on her journey into radiation oncology, Dr. Wong's unwavering dedication to patient-centred care became apparent, laying the groundwork for her future endeavours in the field.

Throughout her career, Dr. Wong has remained a staunch advocate for the transformative potential of technology in revolutionising cancer care. Her work ethic is characterised by a unique blend of frankness, efficiency, and an unwavering commitment to progress. One of her proudest achievements lies in the establishment of a comprehensive cancer registry, showcasing her dedication to ensuring



*Disclaimer:* The health information in this article represents the author's personal opinion. It does not constitute medical or professional services. Always consult your doctor or qualified healthcare provider if you have any specific healthcare needs.



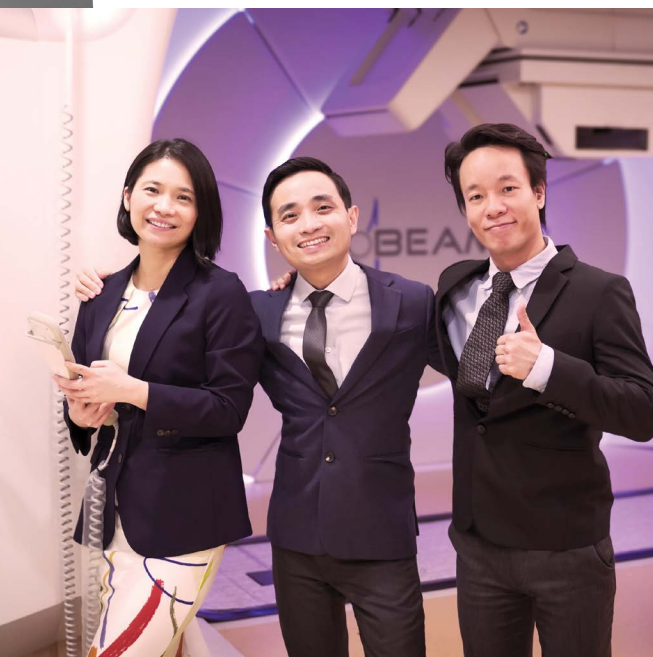
that patients receive the highest standard of care. Additionally, Dr. Wong spearheaded the implementation of patient-reported quality-of-life assessments, recognising the importance of holistic patient care beyond medical treatments alone.

Looking ahead, Dr. Wong envisions a future where cancer care moves beyond conventional approaches, propelled by the combination of targeted therapies, genomic sequencing, and the incorporation of artificial intelligence. Despite the myriad challenges posed by rising costs and technological complexities, Dr. Wong remains undeterred in her mission to redefine the state of oncology. Her vision is rooted in the principles of preventive care and patient-centred innovation, where early intervention and personalised treatment modalities pave the way towards improved patient outcomes and enhanced quality of life.

In a rapidly evolving healthcare landscape, Dr. Wong's unwavering commitment to advancing cancer care through technological innovation serves as an example of hope for patients and practitioners alike. As she continues to explore new avenues in oncological research and care, her impact will persist as a reflection of the enduring spirit of innovation and compassion in the battle against cancer.

#### **Dr. Shaun Ho – Transforming Advanced Radiotherapy**

Dr. Shaun Ho's journey into radiation oncology was ignited by his desire to make a meaningful impact in cancer care. Raised in a nurturing environment that fostered empathy and compassion, Dr. Ho's formative years laid the groundwork for his career in patient-centred medicine. It was a decisive moment when he chose to specialise in radiation oncology, drawn by the prospect of offering non-invasive treatments and the potential to improve lives through cutting-edge technology.



*With a team of dedicated professionals at the helm, the Group is prepared to shape the future of cancer care, one patient at a time.*

Among Dr. Ho's proudest achievements stands the establishment of a radiotherapy centre at Raffles Hospital. This accomplishment not only brought renewed hope to countless patients but also reaffirmed his reputation as an innovator in the field of oncology.

Now, as an integral part of the esteemed team at Singapore Institute of Advanced Medicine Holdings Ltd, Dr. Ho remains committed to innovating cancer care. Utilising the latest advancements in proton therapy, he strives to deliver treatments that are even more precise and effective, ensuring the best possible outcomes for his patients. His unwavering commitment to excellence, combined with his innovative approach to patient care, continues to influence the field of radiation oncology in Singapore and beyond.

For Dr. Ho, success extends far beyond professional accolades; it is a deeply personal pursuit rooted in compassion, purpose, and growth. Motivated by the resilience of his patients and inspired by their unwavering spirit, Dr. Ho persists in fostering innovation in oncology. His vision for the future is one where advanced technologies and personalised medicine converge to redefine the standards of cancer care, offering hope and healing to patients worldwide.

In Dr. Ho's world, success is not measured by individual achievements but by the positive impact he can make in the lives of others. Guided by his commitment to excellence and driven by his passion for advancing cancer care, Dr. Ho continues to lead by example, inspiring his colleagues and peers to strive for excellence in all aspects of patient care. As he embarks on the next phase of his professional journey, Dr. Ho remains committed to expanding

the horizons of oncological research and care, ensuring that patients receive the highest standard of treatment and support every step of the way.

**Dr. Looi Wen Shen – Encouraging Collaborative Excellence**

For Dr. Looi Wen Shen, the path to becoming a radiation oncologist was paved with collaboration, mentorship, and an unfaltering commitment to patient-centred care. Inspired by influential figures in the field and guided by respected colleagues, his journey illustrates the significant impact of mentorship and collaboration.

As a professional in paediatric radiation oncology, Dr. Looi’s proudest moment was establishing a paediatric proton therapy programme at National Cancer Centre Singapore, demonstrating his steady dedication to advancing cancer care for vulnerable populations. Encouraged by a deep-seated desire to make a positive impact, his work ethic is characterised by adaptability, collaboration, and a relentless pursuit of excellence.

Looking towards the future, Dr. Looi envisages a shift in oncological care, marked by the widespread adoption of advanced radiotherapy technologies and a renewed focus on quality of life. Despite the challenges posed by rising healthcare costs and technological complexities, Dr. Looi remains determined in his commitment to fostering collaborative excellence and driving meaningful change in the field of oncology.

**Singapore Institute of Advanced Medicine Holdings Ltd – Pioneering Excellence in Cancer Care**

Established on the foundations of innovation, compassion, and excellence, Singapore Institute of Advanced Medicine Holdings Ltd serves as a source of hope in the fight against cancer. Dedicated to providing state-of-the-art treatments and individualised care, the Group has positioned itself as a frontrunner in radiation oncology, addressing the specific requirements of affluent individuals and millionaires across Asia.

With a regional reach that extends beyond Singapore, Singapore Institute of Advanced Medicine Holdings Ltd continues to expand its footprint, offering a comprehensive suite of products and services tailored to the discerning needs of its clientele. From advanced radiotherapy techniques to personalised treatment plans, the Group remains at the forefront of oncological innovation, guided by a singular mission to improve the standards of cancer care in the region and beyond.

As Singapore Institute of Advanced Medicine Holdings Ltd looks towards the future, global expansion, diversification,

and collaborations remain key priorities, emphasising its commitment to driving meaningful change and fostering collaborative partnerships that surpass borders. With a team of dedicated professionals at the helm, the Group is prepared to shape the future of cancer care, one patient at a time.

**Unlocking Precision – The Promise of Proton Therapy**

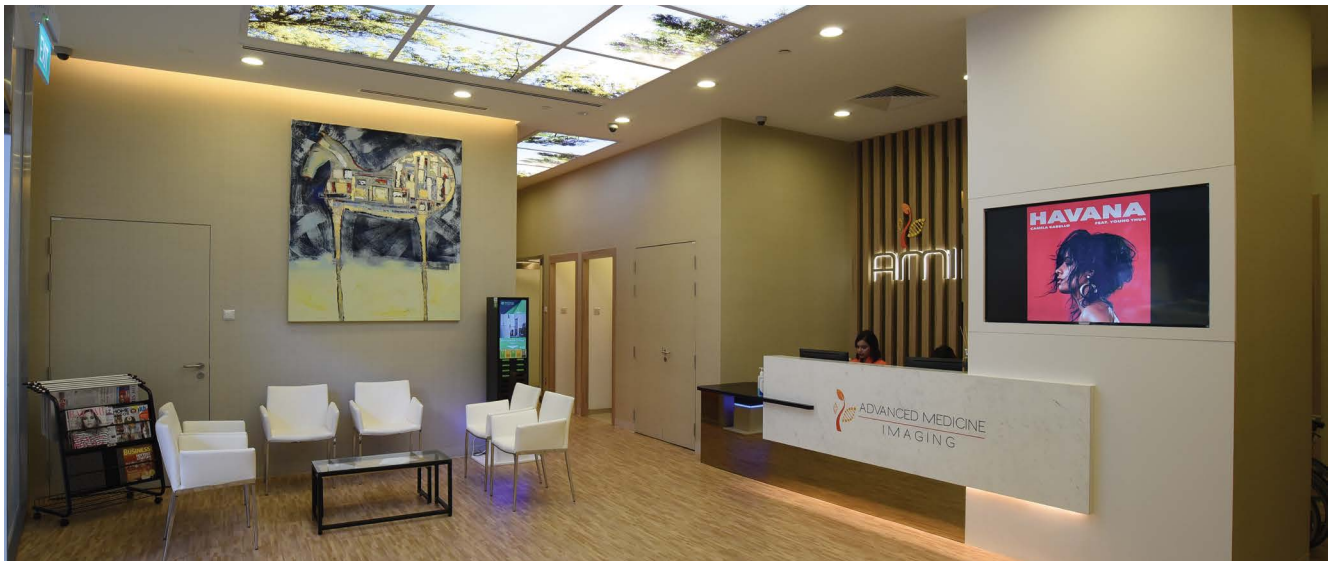
When it comes to cancer treatment, precision is paramount and the preservation of healthy tissues is crucial. With its ability to deliver highly targeted radiation doses while minimising collateral damage, proton therapy is transforming oncological care.

Traditionally, cancer treatment has relied heavily on conventional X-ray radiotherapy, which, while effective, often results in unintended radiation exposure to surrounding healthy tissues. This collateral damage can lead to debilitating side effects and long-term complications for patients. However, the advent of proton therapy heralds a shift in cancer care.

Unlike X-rays, which penetrate through the body, proton beams possess unique properties that allow them to halt within the tumour, releasing their energy precisely at the target site. This phenomenon, known as the “Bragg peak”, enables oncologists to deliver radiation with unparalleled precision, sparing healthy tissues from unnecessary exposure.

Singapore, a global hub of medical innovation, stands at the forefront of proton therapy with state-of-the-art facilities such as the Singapore Institute of Advanced Medicine





Holdings Ltd. The centre offers proton therapy services alongside advanced imaging technologies, providing patients with comprehensive cancer care under one roof.

Singapore Institute of Advanced Medicine Holdings Ltd's Proton Therapy SG boasts cutting-edge equipment, including the Varian ProBeam™ proton therapy gantry, renowned for its ability to deliver pencil beam scanned proton therapy with unparalleled accuracy. This advanced technology, coupled with the Group's attention to technical excellence, ensures optimal treatment outcomes for patients.

One of the most compelling advantages of proton therapy lies in its ability to tailor treatment plans to individual patients, optimising outcomes while minimising side effects. By precisely targeting tumours while sparing surrounding healthy tissues, proton therapy offers a ray of hope for patients facing complex treatment challenges.

For paediatric cancer patients, whose growing bodies are particularly vulnerable to the long-term effects of radiation exposure, proton therapy offers a lifeline. By minimising radiation doses to developing tissues and organs, proton therapy is able to reduce the risk of debilitating side effects in the young patients. Moreover, proton therapy's ability to spare critical structures makes it an ideal choice for treating tumours located near vital organs or in complex anatomical regions. By minimising damage to surrounding healthy tissues, proton therapy also help to reduce the risk of treatment-related complications.

Proton therapy not only offers superior treatment outcomes but also enhances the overall quality of life for cancer patients. With fewer side effects and reduced risk of long-

term complications, patients undergoing proton therapy can enjoy a better quality of life during and after treatment, free from the burden of debilitating side effects.

Moreover, studies suggest that proton therapy may reduce the likelihood of cancer recurrence, offering patients newfound hope for long-term remission and survival. This potential for improved outcomes showcases the impact of proton therapy on cancer care.

While the benefits of proton therapy are undeniable, cost considerations remain a concern for many patients. With treatment costs significantly higher than conventional radiotherapy, access to proton therapy may pose financial challenges for some individuals. However, initiatives such as coverage under national health insurance schemes help alleviate this burden, ensuring equitable access to this life-saving treatment modality.

As we progress forward in the fight against cancer, proton therapy presents a renewed sense of optimism for patients worldwide. With continued advancements in technology and expanded access to proton therapy centres, we inch closer to a future where cancer is no longer a life-threatening diagnosis but a conquerable challenge.

Besides, the team at Singapore Institute of Advanced Medicine Holdings Ltd symbolises the spirit of innovation, compassion, and dedication in the field of oncology. Guided by a shared vision of excellence and a uncompromising pursuit of progress, Dr. Wong, Dr. Ho and Dr. Looi stand as inspirational figures, shaping the future of cancer care and instilling hope in the hearts of patients and families across the globe. 🌟

John-Paul Thorbjornsen

# Defying Boundaries

## with Style and Innovation

by Toh Mu Qin

In the ever-evolving intersection of technology and adventure, a singular figure emerges, seamlessly blending the essence of innovation with the indomitable spirit of exploration. Meet John-Paul Thorbjornsen, affectionately known as JP Thor, a luminary whose journey from former Australian Airforce pilot to pioneering tech entrepreneur has captivated the imagination of enthusiasts worldwide.

### From Aviation Enthusiast to Tech Entrepreneur

JP Thor's affinity for flight ignited during his formative years, where the allure of the open skies beckoned to him with an irresistible charm. Raised in Australia, a land teeming with natural wonders and untamed landscapes, JP Thor found himself drawn to the boundless expanse of the heavens above.

It was during his teenage years that JP Thor's love affair with aviation took flight, starting with his first flying lesson at the tender age of 16. The experience proved to be a revelation, sparking a passion within him that would profoundly influence his future endeavours. From that moment onward, JP Thor harboured an unwavering aspiration – to take to the skies and explore the world from a vantage point few dare to tread.

With steadfast determination and a thirst for adventure, JP Thor embarked on a journey that would see him rise through the ranks of the Australian Airforce, honing his skills as a pilot and immersing himself in the exhilarating world of military aviation. For over a decade, JP Thor served his country with distinction, navigating the skies with precision and grace, and earning the respect of his peers as a consummate aviator.

However, JP Thor's passion for flight transcended the confines of military service, leading him to chart a new course that would take him beyond conventional aviation. Inspired by the possibilities that lay beyond the horizon, JP Thor redirected his focus towards a new frontier – the world of entrepreneurship.

Armed with a wealth of experience and a boundless sense of ambition, JP Thor embarked on a new chapter in his life, leveraging his expertise in aviation to carve out a niche for himself in the competitive world of technology start-ups. With characteristic flair and ingenuity, JP Thor founded several blockchain start-ups that would revolutionise the way people connect and transact in the digital age.





### The Call of Adventure

Yet, even as he made strides in the world of technology, JP Thor's passion for flight remained undiminished. Fuelled by a relentless thirst for adventure, JP Thor set his sights on a new challenge – a daring expedition that would push the limits of aerial exploration to new heights.

And so, armed with his adventurous spirit and a state-of-the-art helicopter as his trusty steed, JP Thor went on a monumental voyage that would see him crisscross the globe, navigating uncharted territories and immersing himself in the diverse cultures that adorn our planet.

From the rugged landscapes of Australia to the bustling metropolises of Europe and Asia, JP Thor's journey exemplified the power of human ingenuity and the boundless possibilities that await those who dare to dream. With each passing mile, JP Thor forged new friendships, exchanged stories with fellow adventurers, and left an indelible mark on the hearts and minds of all those he encountered along the way.

Amidst the breath-taking vistas and heart-pounding adventures that defined his journey, JP Thor remained resolute in his commitment to innovation and excellence. His choice of aircraft, the ACH130 Aston Martin Edition, showcased his discerning taste and uncompromising standards. Crafted through a collaboration between Airbus Corporate Helicopters and Aston Martin, this state-of-the-art aircraft is renowned for its sleek design, impeccable engineering, and luxurious interiors, embodying the perfect fusion of luxury and performance that has become synonymous with his name.

### Breaking Ground in Adventure Exploration

Describing it as "an expedition like no other," JP Thor unveiled his groundbreaking flight plan at the Singapore Airshow 2024. Originating from his hometown in Darwin, JP Thor will lead a convoy of two helicopters, including his renowned ACH130 Aston Martin Edition helicopter and the

newly acquired ACH125. Their ambitious route will span the globe, covering a staggering 11,000 nautical miles to the North Pole, followed by another 12,000 nautical miles to the South Pole, and concluding with a final leg of 7,000 nautical miles to Dubai. Anticipating a six-month airborne endeavour, JP Thor envisions traversing 50 countries, crossing the equator three times in a historic aerial feat.

"The ACH130 Aston Martin Edition brought me on a cross-globe journey where I experienced different cultures, made new friends, and created many beautiful memories with my family and friends. With this new ACH125, I'm looking forward to exploring the world in a different way. I did a lot of research for my next helicopter purchase and am impressed by the power and agility the ACH125 offers. I'm convinced that it's the perfect aircraft to carry out this exploration," said JP Thor.

As JP Thor's epic journey unfolds, the world observes in awe at his remarkable accomplishments as an explorer and entrepreneur. From his humble origins in the Australian outback to the apex of aerial exploration, JP Thor surpasses expectations, rewriting the narrative of human achievement and expanding the horizons of adventure to unprecedented levels.

Reflecting on his unparalleled journey, JP Thor remains committed to adventure and innovation. With firm determination, he continues to chart unexplored courses, venture into new frontiers, and inspire a generation of adventurers to embrace the spirit of exploration.

In the annals of aviation history, John-Paul Thorbjornsen will forever be remembered as a pioneering figure who fearlessly pursued bold dreams, challenged conventions, and attained unmatched excellence. His lasting impact stands as a symbol of human ingenuity, the pursuit of adventure, and the limitless possibilities that await those who dare to pursue their aspirations. 🏔️



# Solar Powered Adventure

Michael Köhler's vision of Electrifying Yachting and Protecting the Oceans

by A. Yash



“

*To preserve the beauty of the oceans and seas, we need to make use of advanced, environmentally friendly technology.*

- Michael Köhler

Over the span of several decades cruising the seas on traditional motor yachts and sailing vessels, Michael Köhler and his wife Heike kept facing the same challenges that require the use of fossil fuel to solve the problem.

“With a sailing yacht you are always dependent on the wind, which has to come from the right direction at the right time. Unfortunately, this is rather rare, and you are forced to make use of the diesel generator to power the vessel.”

“On the other hand, when cruising on a motor yacht, you are constantly burning incredible amounts of diesel to power the engine. So we wanted a boat that the market at the time did not offer. Therefore, we decided to build them ourselves,” described Michael.

Michael and his wife are co-founders of Silent Yachts, a company that has been pioneering solar powered yachting since 2009. Some even call them the Tesla of the yachting industry.

Silent Yachts builds luxury solar-powered catamarans that can run entirely on solar power. Catamarans are watercrafts with two parallel hulls of equal size. Catamarans tend to be more stable on the water and offer more room to the passengers.

Michael emphasised, “The problem with traditional sailing yachts is that they still need to burn fossil fuel when at anchor.”

Michael explained, “When at anchor, both sailing and motor yachts have to rely on diesel generators in order to provide energy to all household appliances on board like the lights, air conditioning, the refrigerator, the toilet pumps and other equipment. While cruising, the motor yacht is fully dependent on the internal combustion engines that burn fuel. The sailing yacht on the other hand can cruise with zero emission when the wind is blowing strong enough – when it’s coming from the right direction, but it cannot store yesterday’s wind in order to use it tomorrow”.

The solution is Silent Yacht, a solar-powered yacht that provides zero-emission experience during cruising as well as at anchorage.

Each Silent Yacht is equipped with solar panels and lithium batteries that can store the energy of the sun, which can be used to propel the boat and power household appliances.

“The lithium batteries enable us to store yesterday’s sunshine and use it whenever we need to in the future,” said Michael.

His company has its headquarters in Klagenfurt, Austria while its main production line is located in Fano, Italy. It also has presence in the United States, Cyprus, Indonesia and Australia.

They currently have over 30 boats under construction, with eight of them measuring over 80 feet.

Silent Yachts produced its first commercial solar-powered catamaran, the Silent 64 back in 2016, several years before any other shipyard considered the possibility of going electric.

But the founders started work long before that.

In the mid-1990s, the founders began research on alternative sources of energy to power yachts. In 2009, the company produced its first prototype, the Solarwave 46, a fully solar electric catamaran that can even cross oceans. Today, their in-house solar electric powertrain is generations ahead of its competition in terms of efficiency, performance and reliability.

Apart from luxury catamarans, Silent Yachts also produces smaller watercrafts like electric tenders and speedboats.

Explaining the design strategy, Michael said the actual innovation lies in the company’s approach to yacht design. “We didn’t refit an existing yacht and converted it to be solar electric. All Silent yachts are designed to be solar electric from the ground up. Starting from a clean sheet of paper enables us to focus on the two most important aspects of a solar yacht, which is maximising energy production of the solar array and minimising energy consumption of the propulsion system and the household appliances. This creates the signature Silent Yachts experience, characterised by virtually unlimited range and zero-emission.”

He added that the industry needs to realise that “we basically have no other choice but to go all in on sustainable, zero-emission propulsion systems such as the solar electric drivetrain”.

Electric vessels have other advantages too. A solar electric drivetrain has major advantages in terms of reliability and maintenance when compared to a conventional propulsions system.

Michael explained that internal combustion engines have a lot of moving parts, which need regular maintenance. Electric motors on the other hand, have fewer moving parts. This means they are more reliable from the get-go. “For this reason, we offer lifetime warranty on the electric motors, 25 years warranty on the solar panels and 8 years warranty on the battery banks,” Michael said.

On where the industry is heading to, while he sees that the change has already started, Michael remarked that the change could move faster. “To preserve the beauty of the oceans and seas, we need to make use of advanced, environmentally friendly technology. We are all in the same boat”, he stated.

For Silent Yachts, the solar electric drivetrain is just the beginning when it comes to sustainability. It continues with the way the yacht is designed.

“On a Silent Yacht, you are able to replace core components such as solar panels and batteries, enabling you to upgrade the yacht over time and extending its life span without the vessel becoming outdated and obsolete. We are sourcing for as many materials as possible locally and are also steadily increasing our offerings of sustainable or recycled materials for the interior. Sustainability is a continuous process that never stops,” Michel explained.

“Renewable energy is the only way forward for any kind of transportation, not just the maritime sector. Our contribution to this vision is very similar to the effect Tesla had on the automotive industry. They were the ones who got the ball rolling, which has now transformed the entire space. The technology powered by our yachts will continue to evolve and find its ways across different sectors of the nautical industry as well,” he added.

Speaking of his clients, Michael observed: “They are classical early adopters, tech enthusiasts who have, for example, founded their own tech companies and have at least one Tesla or an electric car parked in their garage. They understand the benefits of electric mobility very well.”

Moving forward, Michael and his team want to make people understand that there is no need to choose between luxury or sustainability.

“On the contrary, by implementing a solar electric drivetrain on our yachts, it actually enhances the levels of comfort and luxury on board. We will continue to pioneer new innovations and technologies to remain at the cutting edge of what is possible, driving the industry towards a more sustainable future,” he said.

Silent Yachts also supports a variety of organisations located both in the Mediterranean and internationally, which focus on persevering the underwater flora and fauna to ensure the seas remain healthy for future generations.

“We see more and more legacy shipyards focusing their efforts towards researching and building their first generation electric or hybrid yachts. Also, due to their advantages when it comes to space and stability, catamarans will generally be increasing in popularity. As for Silent Yachts, we intend to remain as the leader in developing the most technologically advanced, self-sustaining yachts by continuing to attract top talent within and outside the industry,” Michael concluded. 🌱

# Tropical Design Master

Martin Palleros Leads Phuket's Landmark Project in Nature-inspired Living

by Debbie Tan & Toh Mu Qin



Argentinian-native, mentored by design legend Kerry Hill, imbues a deep biophilic design philosophy into the expansive Gardens of Eden development on the southern Thai island

At the confluence of architecture and nature, Martin Palleros stands out as a leader, reshaping landscapes and enriching luxury living with his mastery of biophilic design. As the founder and principal design director of Tierra Design, Palleros has forged a reputation for integrating human experiences with natural elements, creating spaces that defy conventional norms.

## A Fusion of Disciplines

Palleros' journey towards becoming a maestro of biophilic design began with a classical architectural education at Universidad de Belgrano in Buenos Aires, Argentina. However, it was a paramount encounter with a university professor that redirected his path towards landscape architecture. This crucial moment prompted Palleros to broaden his horizons and delve into the intricacies of bringing together architectural principles with the natural world. Armed with a master's degree in landscape architecture from Florida International University in Miami, USA, Palleros emerged equipped with a unique combination of architectural and landscaping insights, laying the foundation for his distinctive design approach.

In 1992, Palleros took a bold step towards realising his vision by establishing Tierra Design in Singapore. This marked the initiation of a mission to advocate for integrated design solutions that harmonise with nature. Under Palleros' astute leadership, the studio embarked on an inspiring journey characterised by innovation and a firm commitment to sustainability. With a strategic expansion strategy, Tierra Design has since established offices across Australia and Thailand, reinforcing its status as a multidisciplinary powerhouse in the field of architecture and design.



Over the years, Palleros' commitment to perfection has propelled Tierra Design to a prominent position in the industry, earning recognition for its exceptional portfolio of projects spanning prestigious developments across Asia and beyond. The studio's resolute dedication to promoting harmony between the built environment and natural landscapes has earned Palleros accolades as an influential figure in advancing biophilic design principles.

### A Dialogue with Nature

Palleros' latest project, the Gardens of Eden development in Phuket, Thailand, showcases his commitment to biophilic principles. Commissioned by Amal Development to spearhead the design of this sprawling luxury destination, Palleros envisions an enclave where architectural design seamlessly coexists with the lush greenery of the surrounding landscape. Occupying over 122,000 square meters of natural terrain, Gardens of Eden emerges as a tropical sanctuary, with an impressive 70% of its land area devoted to verdant parks, serene lakes, and vibrant gardens, as well as open spaces.

At the core of Palleros' vision lies a deep-seated belief in fostering a harmonious relationship between built environments and the natural world. This philosophy is illustrated in every aspect of the Gardens of Eden development, where architectural elements mingle effortlessly with the surrounding greenery to create a tranquil and immersive experience for residents and visitors alike.

For Palleros, the design of Eden Residences within Gardens of Eden represents more than just architectural innovation – it's about creating an insightful dialogue with nature. By strategically orienting the residences to maximise views of the Andaman Sea and the lush landscapes beyond, Palleros

ensures that residents are constantly enveloped in the breathtaking beauty of their surroundings. Moreover, the use of natural materials such as carbon-negative wood and locally sourced granite stone highlights the project's commitment to sustainability, showing Palleros' holistic approach to design.

The holistic design philosophy employed by Palleros extends beyond the aesthetic aspects of the project to encompass its environmental impact and long-term sustainability. By incorporating sustainable materials and practices into the design of Gardens of Eden, Palleros aims to minimise the project's ecological footprint while maximising its positive contribution to the surrounding ecosystem.

### The Art of Interior Space

In collaboration with award-winning design studio White Jacket, Palleros extends his vision of biophilic design into the interior spaces of Eden Residences. Led by founder Patricia Ho Douven, White Jacket brings a wealth of expertise in hospitality design to the project, infusing each space with a sense of homeliness and mindfulness. Drawing inspiration from the serene ambience of Bang Tao Beach, the interior design elements pay homage to the local fauna and culture, resulting in a wonderful fusion of luxury and nature.

With thorough attention to detail, Palleros and the White Jacket team craft interiors that evoke a sense of harmony with the surrounding environment, blurring the boundaries between indoor and outdoor spaces. By incorporating natural materials, organic textures, and elements inspired by the local landscape, the interior design of Eden Residences creates an immersive experience that resonates with the peacefulness and beauty of Phuket's natural surroundings.

Palleros persists in exploring the frontiers of biophilic design, leaving an indelible mark of luxurious timelessness. With Gardens of Eden positioned to redefine lush living in Phuket, Palleros' vision illuminates the path for upcoming architects and designers. By adeptly merging architectural wonders with the surrounding terrain, Palleros encourages us to reimagine our connection with the environment, fostering sustainability and balance in our lifestyles.

In essence, Martin Palleros exemplifies the potential of biophilic design, creating environments that not only indulge the senses but also cultivate a deep connection with nature. Each architectural marvel conceived by Palleros reflects his dedication to sustainability and timeless luxury, as showcased by the iconic Gardens of Eden. Through innovative design and firm commitment to biophilic principles, Palleros continues to redefine luxury living while setting new standards for sustainable development. Under Palleros' guidance, Tierra Design continues to explore advancements in innovation, maintaining its status as a leader in sustainable design. The studio imagines a future where architecture merges with nature, promoting harmony and balance in the built environment. 🌿

Aston Martin Vantage  
**Engineered for  
Real Drivers**

by Toh Mu Qin



Aston Martin, renowned for its luxury and performance, unveils its latest masterpiece – the new Vantage. This front-engine, rear-wheel drive sports car exemplifies the essence of driving thrill and engagement. With cutting-edge technical innovations, class-leading performance, and a redesigned interior, the new Vantage promises a driving experience like no other.

### Unveiling the Icon – Aston Martin Vantage

On 12 February 2024, in Gaydon, United Kingdom, Aston Martin proudly introduced the new Vantage, marking a significant breakthrough in the company's 111-year history. As the quintessence of performance and precision engineering, the new Vantage showcases Aston Martin's unwavering pursuit of excellence.

At the heart of the new Vantage lies a potent 4.0-litre Twin-Turbo V8 engine, hand-built to deliver unprecedented power and torque. With an impressive output of 665 PS and 800 Nm, the new Vantage achieves remarkable performance figures, including a top speed of 202 mph and acceleration from 0 to 60 mph in just 3.4 seconds. Aston Martin engineers have meticulously tuned the engine, incorporating advanced technologies to enhance its responsiveness and character.

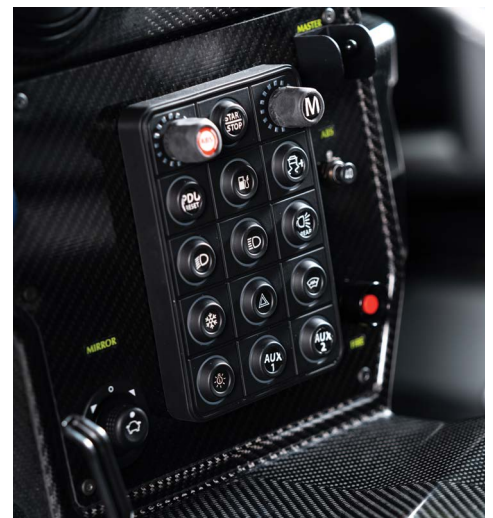
The integration of a Launch Control system ensures optimal acceleration from a standstill, while the redesigned engine cooling system maintains stability under demanding conditions. Whether on the track or the open road, the new Vantage offers a driving experience that is as exhilarating as it is refined.

Aston Martin's commitment to delivering a dynamic driving experience is evident in every aspect of the new Vantage's design. The chassis, constructed with bonded aluminium, ensures perfect weight distribution, while the state-of-the-art suspension system offers agility and control. With intelligent adaptive dampers and precise steering response, the new Vantage responds instantaneously to the driver's inputs, providing top-notch handling and stability.

The Active Vehicle Dynamics control system further enhances the car's agility, utilising advanced sensors and algorithms to optimise traction and stability in all driving conditions. Whether navigating tight corners or accelerating on straightaways, the new Vantage instils confidence and precision at every turn.

The exterior design of the new Vantage embodies Aston Martin's legacy of timeless elegance and performance. With a wider stance and muscular contours, the car exudes an unmistakable presence on the road. From the redesigned front grille to the iconic side strakes, every detail reflects the car's aerodynamic prowess and sporting heritage.

*The new GT4 integrates advancements inspired by the latest Vantage road car, resulting in enhanced performance and race-ready capabilities.*



Customisation options allow owners to personalise their Vantage with a range of livery designs and colour choices, ensuring each car is a unique expression of its owner's style and personality.

Inside the new Vantage, luxury and technology come together to create a cockpit designed for the ultimate driving experience. Premium materials, including hand-stitched leather and aluminium accents, adorn the interior, while advanced infotainment systems provide seamless connectivity and entertainment options.

The Bowers & Wilkins audio system delivers immersive sound quality, while the next-generation infotainment system offers intuitive controls and connectivity features. With the Aston Martin app, owners can remotely access and interact with their Vantage, further enhancing the ownership experience.

As deliveries of the new Aston Martin Vantage begin in Q2 2024, enthusiasts eagerly anticipate the thrill of piloting this masterpiece on the open road. This latest iteration not only embodies Aston Martin's rich history of excellence but also signifies a leap forward in automotive engineering and design. With its unrivalled performance capabilities and refined craftsmanship, the new Vantage sets a new standard for high-performance driving. This achievement in Aston Martin's journey is accompanied by the introduction of the Vantage GT3, marking another chapter in the brand's storied racing legacy.

### **Driving Forward the Next Generation of GT Racing – Aston Martin Vantage GT3**

Unveiled alongside the new Vantage road car, this formidable GT racer is set to compete in the world's most prestigious GT series, including the FIA World Endurance Championship,

IMSA WeatherTech SportsCar Championship, and the Fanatec GT World Challenge. It represents the first product of a collaboration between Aston Martin Racing and Aston Martin Performance Technologies, promising incomparable performance and innovation on the track. With its sleek design and avant-garde technology, the Vantage GT3 symbolises the unyielding pursuit of excellence that defines Aston Martin Racing. As it takes to the track, it signals the commencement of a sensational new era in top-flight GT racing, where every race highlights Aston Martin's lasting legacy of performance and precision.

Building upon the success of its predecessors, such as the ultra-successful Vantage GTE car, which amassed an impressive 52 class wins and 11 world titles between 2012 and 2023, the Vantage GT3 represents the next evolution in Aston Martin's GT racing lineage. Sharing the mechanical architecture of the new Vantage road car, the GT3 version is powered by Aston Martin's twin-turbo 4.0-litre V8 engine, delivering supreme power and performance on the track. Developed to comply with FIA GT3 class regulations, including the LMGT3 category, the Vantage GT3 combines power, agility, and reliability in a package. With reworked aerodynamics and revised suspension, meticulously developed to maximise performance potential, the Vantage GT3 is poised to dominate the global GT racing scene.

The Aston Martin Vantage GT3 is not just a contender; it is a global competitor ready to conquer the world's greatest endurance races with precision and finesse. From the iconic circuits of the FIA World Endurance Championship to the gruelling challenges of the Nürburgring Langstrecken-Serie, the Vantage GT3 is engineered to excel in diverse racing conditions, endorsing Aston Martin's leading role in international motorsport. With a striking roster of partner





teams already competing and more set to make their first appearance throughout the season, the Vantage GT3 is primed to continue Aston Martin's tradition of GT racing success well into the future.

#### **Preserving a Heritage of Triumph – Aston Martin Vantage GT4**

Continuing the rich tradition of Aston Martin Racing, the Aston Martin Vantage GT4 is the newest member of the GT racing family. Introduced alongside its siblings, the new Vantage road car and Vantage GT3, this track-focused marvel completes Aston Martin's top-flight line-up of production-based GT racers for the 2024 season. Boasting improved aerodynamics, sophisticated cooling mechanisms, and a focus on driver assurance, the Vantage GT4 offers an exhilarating racing experience for both partner teams and enthusiasts hitting the circuit.

The Aston Martin Vantage GT4 represents a significant leap forward in terms of performance and technology. Drawing from the triumphs of its forerunners, the Vantage GT4 inherits Aston Martin's rich racing heritage and benefits from the latest advancements in aerodynamics, cooling, and drivetrain technology. Crafted to meet stringent FIA GT4 class regulations, the Vantage GT4 features improvements tailored to optimise performance and bolster driver confidence on the track.

Speaking about the introduction of the new Vantage GT4, Marco Mattiacci, chief brand and commercial officer of Aston Martin Lagonda, expressed confidence in the car's capabilities, "The new Vantage GT4 is a born winner. Developed in parallel with the Vantage GT3 and benefiting from the significant performance improvements seen in the sensational new Vantage road car, the Vantage GT4 embodies Aston Martin's unwavering commitment to motorsport excellence."

Aston Martin Racing, the official GT racing partner of Aston Martin since 2005, has been instrumental in the development of the Vantage GT4. Drawing from their wealth of experience and knowledge garnered from past GT racing ventures, Aston Martin Racing has fine-tuned the Vantage GT4 to ensure peak performance on the racetrack. The new GT4 integrates advancements inspired by the latest Vantage road car, resulting in enhanced performance and race-ready capabilities.

The Aston Martin Vantage GT4 shares approximately 80% of its structural and mechanical architecture with the production Vantage road car, ensuring a smooth transition from road to track. Equipped with a 4.0-litre twin-turbo V8 engine and transmission based on the Vantage road car components, the GT4 version features bespoke electronic control systems developed by Aston Martin Racing to meet strict Balance of Performance criteria defined by GT4 championship organisers.

After completing an exhaustive development programme, the new Aston Martin Vantage GT4 made its international racing debut at the IMSA Michelin Pilot Challenge event during the Rolex 24 Hours at Daytona meeting in Florida, USA. With production well underway, Aston Martin Racing is prepared to deliver more than 40 units of the Vantage GT4 during the 2024 season, further solidifying Aston Martin's presence in top-flight GT racing.

Since its launch in 2018, the outgoing generation of Vantage GT4 has garnered an impressive reputation in GT series and endurance events worldwide. With the introduction of the new Vantage GT4, Aston Martin Racing aims to build on this legacy, offering professional racers and amateur enthusiasts alike a fast, reliable, and exploitable package capable of challenging for victory on the track.

The Aston Martin Vantage, Vantage GT3, and Vantage GT4 reflect the brand's commitment to automotive excellence and motorsport achievement. The new Vantage redefines high-performance driving, merging state-of-the-art technology with classic design elements to deliver an unmatched driving adventure. Meanwhile, the Vantage GT3 and Vantage GT4 mark pivotal moments in Aston Martin's esteemed racing history, showcasing the brand's relentless pursuit of performance and innovation on the racetrack. With powerful engines, advanced aerodynamics, and a continuous drive for success, these race cars are positioned to stand out in the global GT racing scene, reaffirming Aston Martin's reputation as a premier contender in motorsport. As Aston Martin continues to progress and expand its portfolio, the Vantage, Vantage GT3, and Vantage GT4 stand as shining examples of the brand's dedication to driving excitement and racing success. 🏁

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*Aston Martin and The Jockey Club both share a rich heritage and association with performance and speed, so this feels like a very natural partnership.*

- Oliver Turner

The world of luxury and high-performance automotive engineering intersects with the timeless elegance of equestrian sports, as Aston Martin, a name synonymous with prestige and speed, proudly unveiled its partnership with The Jockey Club. The announcement, made on 23 January 2024, from the iconic Gaydon headquarters in the United Kingdom, marked a significant leap forward in the pursuit of high-performance excellence.

Renowned for crafting ultra-luxury vehicles that seamlessly marry power and sophistication, Aston Martin stepped into the spotlight as the official High-Performance Partner of The Jockey Club, an esteemed institution steeped in the rich tradition of horseracing. This collaboration not only reaffirmed Aston Martin's commitment to pushing the boundaries of automotive engineering but also heralded a new era of sophistication and speed within the equestrian world. With its legacy of innovation and brilliance, Aston Martin brings a blend of luxury and performance to the forefront of horseracing, promising an unmatched experience for enthusiasts and spectators alike.

# Aston Martin

## Gallops into High-Performance Partnership with The Jockey Club

by Toh Mu Qin





The beginning of the partnership can be traced back to Aston Martin's debut as the High-Performance partner of The Derby Festival at Epsom Downs in 2023. Building upon the success of this initial venture, the expanded collaboration will now see Aston Martin's presence amplified across The Jockey Club's major events, encompassing illustrious gatherings such as The Cheltenham Festival, the revered Randox Grand National Festival at Aintree, Newmarket's QIPCO Guineas Festival, and the esteemed Betfred Derby Festival.

Aston Martin's commitment to the equestrian world is solidified with its continued title sponsorship of the Aston Martin Dash at Epsom Downs. This thrilling Heritage Handicap race unfolds over the fastest five furlongs in the world on Derby Day, showcasing the brand's dedication to blending the excitement of high-speed racing with the elegance of luxury craftsmanship. By maintaining its sponsorship of this event, Aston Martin reaffirms its enduring dedication to the sport of horseracing, while also providing enthusiasts with an unforgettable fusion of speed, sophistication, and performance on the racetrack.

Aston Martin's foray into the esteemed Cheltenham Festival in March marks a historic milestone as the brand makes its grand entrance into The Orchard, the heart of the prestigious event. Here, the marque will proudly display a stunning array of its finest models, including the awe-inspiring DBX707, hailed as the supercar of SUVs, and DB12, the world's first Super Tourer. These vehicles, steeped in Aston Martin's century-long legacy of iconic design and exhilarating performance, are poised to captivate enthusiasts and spectators alike, adding an extra layer of excitement to the already electrifying atmosphere.

Aston Martin's acclaimed DBX707, renowned for its sophistication and exceptional performance, will elevate the spectator experience by providing exclusive transportation

services. This ultra-luxury vehicle will cater to racegoers, owners, and VIP guests, ensuring a seamless journey from helipad terminals directly to the racecourses. Its presence not only enhances convenience but also adds a touch of elegance to these prestigious events. The DBX707 has set a new standard for high-end transportation at the races, reflecting Aston Martin's dedication to deliver unparalleled experiences and world-class quality to its discerning clientele.

Oliver Turner, regional president of Aston Martin in the United Kingdom and South Africa, expressed his enthusiasm for the partnership, stating, "The sport of horseracing provides Aston Martin with exceptional opportunities to showcase our products to a discerning luxury audience and engage our loyal customer community at some of the UK's most prestigious events." He emphasised the synergies between Aston Martin's iconic models and the world of horseracing, highlighting the brand's eagerness to share its story with enthusiasts from the Cheltenham Festival in March to the Epsom Derby Festival in June.

Jack Royle, acting director of partnerships at The Jockey Club, echoed Turner's sentiments, pointing out the natural fit between Aston Martin and The Jockey Club. "Aston Martin and The Jockey Club both share a rich heritage and association with performance and speed, so this feels like a very natural partnership," remarked Royle. He expressed readiness to collaborate closely with Aston Martin to maximise their brand objectives at these marquee sporting events.

The partnership between Aston Martin and The Jockey Club marks a union of excellence, blending the elegance of luxury craftsmanship with the adrenaline of high-speed racing. As Aston Martin gallops into the world of horseracing, enthusiasts can anticipate an incomparable fusion of sophistication and performance, redefining the boundaries of luxury and speed on and off the racetrack. 🐎



# LOUIS XIII

and crochet artist Kelly Limerick come together to celebrate time, tradition, craftsmanship and artistry

by Priyanka Elhence

LOUIS XIII Cognac pays homage to the virtue of time through '100', an innovatively expressive art piece that transcends time, the result of a special collaboration with Singaporean crochet artist Kelly Limerick.



The finer things in life take time and cannot be rushed, be it fine aged cognac or an intricate piece of crochet work.

This belief sits at the core of the world of LOUIS XIII Cognac, where precious eaux-de-vie of Cognac Grande Champagne has been handed down through generations and artfully blended since 1874, a testament to the brand's patience and dedication.

At the luxury cognac house LOUIS XIII, time is not only the raw material with which the rare spirit is crafted, but time is the actual soul of the craft itself, giving the brand that unwavering essence that it has been associated with for centuries. LOUIS XIII is made up of the House cellars' finest eaux-de-vie from Grande Champagne, each distilled and selected at different times in history and blended to create a unique cognac by LOUIS XIII. Over centuries, LOUIS XIII visionaries have become masters of time, and each drop of its liquid gold is strengthened by the patina of age, shaping the future by making a mark on tomorrow, today.

In line with LOUIS XIII's tagline of "Think a century ahead", the Cognac House's latest artistic collaboration is yet another tribute to time and its rich heritage, bridging the gap between the past, present and the future. Imagine what it would be like if centuries of wisdom, heritage and emotion could be captured, distilled and condensed down into a single instant?

In a celebration of artistry and tradition, renowned crochet artist Kelly Limerick collaborates with LOUIS XIII to create a captivating artwork showcasing the virtue of time through a project aptly titled '100'.



Limerick (better known as Lim) is a prominent Singaporean visual artist specialising in crochet and knit as her primary mediums. The textile artist has been crocheting and knitting since the young age of seven years old. Celebrated for her alternative take on the ancient craft of crochet, Lim was chosen by the luxury cognac House to craft an installation representing the ethos of LOUIS XIII and its latest product innovation, THE DROP, a luxurious 1 cl bottle for a generation of nomads, as she understands only too well the importance of time in her craft. Small enough to be held tightly in the hands, LOUIS XIII THE DROP is the luxurious embodiment of a new generation, fostering a unique ‘art-de-vivre’ akin to Limerick’s approach toward art.

“We are honoured to collaborate with Kelly Limerick, having her join us in exploring intertwined concepts of time and preserving artistic heritage for future generations. Kelly’s approach strongly resonates with the DNA of LOUIS XIII and the universe of THE DROP. She comprehends LOUIS XIII’s perspective on time as a means of inspiration from the past and the present to envision the future and our commitment to thinking a century ahead,” shares Anne-Laure Pressat, executive director of LOUIS XIII Cognac.

This isn’t the first time that LOUIS XIII has paid homage to time or used time as its vessel for storytelling. In fact, Louis XIII’s ongoing tribute to time was first seen in 2015 with ‘100 Years’, a thought-provoking movie about what Earth might look like in a 100 years; and then in 2017 with a song (also) titled ‘100 Years’ to inspire urgent action in the fight against global warming.

Seeking inspiration before creating this latest art piece, Lim travelled to the esteemed LOUIS XIII Domaine du Grollet Estate in Cognac, France to delve deeper into the history and heritage of LOUIS XIII Cognac, which has remained unchanged since its creation by Paul-Émile Rémy Martin in 1874.

There, Lim had the opportunity to explore the vineyards and tour the cellars alongside cellar master Baptiste Loiseau. It was then, whilst strolling through century-old barrels, that she became enthralled by the House’s timeless heritage. “The sense of history in the old town was unmistakable, and upon my arrival, I grasped why LOUIS XIII is steadfast about its origin and identity,” Lim noted. “There’s an evident pride in the meticulous approach, a serene and unwavering dedication to savoir-faire passed down from one cellar master to the next. Ageing the eaux-de-vie holds an element of unpredictability, where nuances such as the position of each tierçon (unique barrels of the House) in the cellar or shifts in humidity may yield distinct flavours. It falls upon the cellar master to trust their palate, sampling the diverse eaux-de-vie to craft the familiar blend of LOUIS XIII that we recognise. These two elements — trust in the unknown and confidence in personal skill — resonate with me and have inspired me greatly.”

Lim’s visit to Cognac formed the foundation for her masterpiece – an artwork, simply titled ‘100’, perhaps the most brilliant yet simple ode to LOUIS XIII’s “Think a century ahead” philosophy.

In essence, ‘100’ is a culmination of artistic exploration and the essence of the LOUIS XIII heritage in which



*‘100’ symbolises the beginning – the spring of life which created the cognac that should only be tasted decades later.*



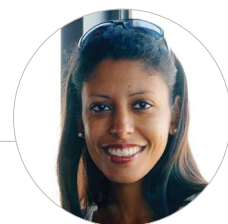
Lim underscores the significance of time, materials, and the reinterpretation of traditional craftsmanship to showcase how closely linked the elaborate and intricate worlds of LOUIS XIII Cognac’s production and her art of crocheting really are.

The artwork, which she unravelled and reworked 100 times to depict the progress in time, posed both physical and creative challenges for Lim. “It involved four months of daily dedication; more time and effort required than if I did 100 individual pieces,” she reveals, emphasising the similarity of labour-intensive crocheting to the laborious production of the precious liquid gold.

Despite having gone through 100 different transformations, the final finished sculpture implies a completely different foundation, resembling a vessel with a double-walled bowl within, as it cradles soil collected from Cognac. Crafted as a single piece without joins or internal structures, the fountain-like sculpture remains hollow.

By incorporating soil from the vineyards in Cognac, which encapsulates the essential elements that mature

into the flavourful layers in LOUIS XIII as it ages, ‘100’ symbolises the beginning – the spring of life which created the cognac that should only be tasted decades later, reflecting impeccable character honed over time, a quality that remain central to both LOUIS XIII and Kelly Limerick. 🍷



### About The Writer

Bred in The Seychelles and Kenya, Priyanka Elhence studied Hotel Management in Switzerland, coupled with working as a Recruiter in Palm Beach, before doing an MBA in Human Resources Management in London. Calling Singapore home for the past 20 years, Priyanka has been a Freelance Writer now for the past 8 years, writing about everything from luxury and dining, travel and lifestyle, to parenting and finance.



Fine, Sustainable Pearl Jewellery at

# Qlassico

by Priyanka Elhence

Trendsetting celebrities and famous jewellery houses the world over are increasingly favouring sustainable jewellery.

Saltwater Akoya, Tahitian, and South Sea pearls make Qlassico a sustainable, fine jewellery line that focuses on protecting the environment.

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*Their subtle shimmer adds a touch of glamour without being overpowering, appealing to those who appreciate the understated beauty of natural materials.*

- Chee Sheun



Qlassico, a Malaysian fine jewellery brand, believes that the value of jewellery goes beyond adornment. Rather, fine jewellery should be a source of inspiration and aspiration for women.

Pronounced as “Classy-Co”, Qlassico was founded in 2018 by sisters, Wong Chee Sheun and Wong Chee Yue. Growing up in a family of goldsmiths, the sisters coined the name of their brand from the word “Classy”, to embody the style, elegance, sophistication and significance that fine, quality jewellery holds for them. And instead of using the ‘C’, the ‘Q’ represents the Queen that they believe every modern woman should be.

Over 90% of pearls on the market today are cultured and produced through careful cultivation rather than harvested from wild molluscs. Pearl farming is one of the most sustainable forms of gemstone production, as it benefits marine ecosystems by requiring clean and pristine aquatic environments. Qlassico’s commitment to sourcing pearls from reputable manufacturers extends beyond just ensuring quality, as the brand is also committed to making positive environmental, social and economic impacts. Studies show that pearl farming helps protect the environment by keeping the water free from pollution. In areas where pearl farms are well-maintained, they help preserve ecosystems by using eco-friendly methods that protect the coral reefs as well as provide a safe and healthy environment for molluscs to thrive in.

This aligns with Qlassico’s commitment to ethical sourcing and environmental responsibility, appealing to consumers who prioritise sustainability. By offering alternative sources of income, pearl farming supports sustainable livelihoods, while working alongside tourism and fishing industries to benefit the (farming) community as a whole.

“As a fine jewellery company committed to responsible sourcing, we procure our pearls from manufacturers specialising in premium saltwater pearls, often at trade shows, who obtain their pearls directly from pearl farms in particularly renowned sources such as Akoya pearls from Japan, Tahitian pearls from French Polynesia, and South Sea pearls from the Philippines,” says Chee Sheun. “With cultured pearl farming, we can grow pearls without harming wild molluscs, which helps keep their populations healthy and protects the oceans.”

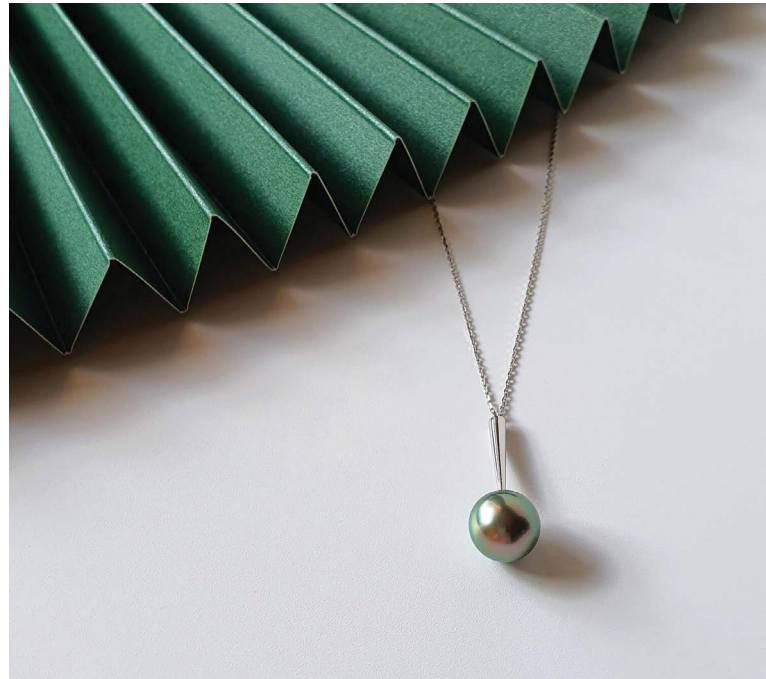
Pearls have long been associated with femininity and empowerment, making them a natural choice for Qlassico’s target audience of modern, inspiring women, symbolising strength and elegance. “Moreover, pearls possess a classic beauty and timeless allure that transcends trends and fads. Their inherent sophistication adds a touch of refinement to any piece of jewellery, appealing to individuals who appreciate understated elegance.”

Pearls are also highly versatile, effortlessly transitioning from day to night, from casual to formal occasions, making them suitable for a wide range of settings. “This versatility ensures that our pieces remain relevant and wearable in various contexts. The natural lustre and iridescence of pearls set them apart from other gemstones. Their subtle shimmer adds a touch of glamour without being overpowering, appealing to those who appreciate the understated beauty of natural materials,” shares Chee Sheun.

As part of its commitment to combating climate change, Qlassico also contributes 1% of its revenue to help fund next-generation carbon removal and support the development and scaling of carbon removal technologies. Removing CO<sub>2</sub> from the atmosphere is critical to counteract climate change, and Qlassico is also part of Stripe Climate (<https://climate.stripe.com/JEl8FE>), a coalition of businesses dedicated to accelerating carbon removal efforts through initiatives such as Climeworks and Charm Industrial. A fraction of every purchase from Qlassico helps scale new carbon removal technologies and the early adoption of these technologies helps drive down costs.

“There’s a myth that sustainable fine jewellery solely pertains to its environmental impact. But people don’t realise that it’s hard to track where the materials for fine jewellery come from. Without proper records, it’s tough to know if gemstones and metals were sourced ethically. But now, there are new ways to solve the issue of traceability in gemstone sourcing. Blockchain technologies can help trace where each gemstone comes from, starting from when it’s mined. For example, when a gemstone is mined, information about it, like where and when it was found, is recorded on a blockchain digital ledger. This information stays with the gemstone as it’s cut, sold to a jeweller, and eventually bought by a customer. So, customers can be more confident that their jewellery is responsibly sourced and authentic. While this technology is still not widely accessible, the jewellery industry is increasingly adopting these efforts to ensure transparency and ethical practices,” says Chee Sheun.

Environmental sustainability in the jewellery industry helps to minimise ecological footprints and conserve natural resources and ecosystems for future generations by using eco-friendly materials, reducing energy consumption, and implementing sustainable practices across the supply chain. Likewise, responsible mining practices include rehabilitating mined areas, minimising biodiversity impact, and promoting a positive environmental legacy, while conserving water and reducing carbon emissions. Opting for sustainable packaging



and adhering to recognised certifications and standards further enhance environmental sustainability efforts.

In addition to environmental concerns, sustainability for fine jewellery also spans social and economic concerns.

Social sustainability entails ensuring safe working conditions, fair wages and ethical labour practices, particularly in mining communities, where workers may face hazardous conditions. Additionally, promoting diversity and investing in training not only enhance worker well-being but also contribute to a more skilled and inclusive workforce. Supporting community development initiatives, like education and healthcare projects, further strengthens the industry’s social impact and fosters positive relationships with workers and local communities.

Finally, economic sustainability involves a commitment to supporting artisanal and small-scale mining (ASM) communities and fostering local economic development. Many jewellery materials, including gemstones and precious metals, are sourced from ASM operations, particularly in developing countries. By providing fair prices for their products, investing in infrastructure and skills development, and facilitating access to markets, jewellery businesses can contribute to the economic empowerment of these communities. Additionally, supporting local artisans and craftsmen in regions with rich cultural heritage and artisanal traditions stimulates local economies and preserves traditional craftsmanship.



To make jewellery purchases more sustainable, consider the following:

- Recycled Materials**  
 Prioritise pieces made from recycled metals and gemstones, as they reduce the need for new mining, minimising environmental impact and helping resource conservation.
- Repurposing Existing Jewellery**  
 If you inherit jewellery with sentimental value but in a style that doesn't suit you, consider upcycling it with a jeweller. By redesigning the piece using the same gemstones and metals, you can create a new, personalised piece while reducing waste and supporting eco-friendly practices.
- Longevity and Durability**  
 Well-made, durable jewellery is essential for sustainable purchases, as high-quality timeless pieces ensure longevity, reducing the need for frequent replacements and promoting a more sustainable approach to consumption.
- Supporting Responsible Brands**  
 Supporting responsible brands not only promotes industry-wide change but also drives demand for sustainable options, contributing to positive environmental and social impact within the industry.

### The difference between Akoya, Tahitian and South Sea pearls

For classic designs, designers typically favour pearls with perfectly round or elegant drop shapes for timeless sophistication. In contrast, avant-garde or contemporary designs embrace non-traditional shapes and sizes, such as baroque pearls with their irregular forms.

#### Akoya Pearls

Classic white pearls renowned for their timeless elegance, perfectly round shape, exquisite shine, and valued place in the fine jewellery market.

- Origins:** Akoya pearls primarily originate from small Akoya molluscs in Japan, typically ranging from 3 to 5 inches in diameter.
- Characteristics:** Ranging between 2-11 mm, these pearls often display round shapes and come in pristine white or cream hues with delicate pink or green overtones.

#### Tahitian Pearls

Tahitian pearls encapsulate the ocean's mystique with their unique colours.

- Origins:** Tahitian pearls from French Polynesia are produced by the native black-lipped molluscs in the archipelago.
- Characteristics:** Typically ranging between 9-11 mm, these pearls come in a stunning array of colours, including grey, black, and brown, with beautiful blue, green, purple, yellow-green, or pink overtones.

#### South Sea Pearls

Prized for their remarkable size and captivating sheen, South Sea pearls are a top choice for elegant and prestigious jewellery.

- Origins:** South Sea pearls come from the large Pinctada maxima molluscs found in the South Seas, specifically in Southeast Asia, Australia, and the Philippines.
- Characteristics:** Prized for their large size and soft lustre, they come in different colours, from white to silver (produced by silver-lipped molluscs) and yellow to orangish-yellow (produced by gold-lipped molluscs). 🌊



# Bavarian Retreat

by Dionne Bel

The newest five-star luxury hotel to open its doors in Munich, Hong Kong's Rosewood is a contemporary celebration of the city's rich Baroque history.

Munich may be famous for its annual Oktoberfest celebration and beer halls, but in the middle of its beautiful historic old town, steps away from the central Marienplatz square with its iconic neo-Gothic city hall, lies the latest newcomer in the city's high luxury stakes: the Rosewood Munich. The five-star hotel is adjacent to the storied Bayerischer Hof Hotel that has been welcoming dignitaries and celebrities since 1841, but attracts a more youthful, trendier crowd searching for that same Rosewood experience they experienced elsewhere across the globe. Having opened last October, it is Rosewood Hotels & Resorts' inaugural property in Germany, its seventh in Europe and the 32nd in the collection present in 19 countries worldwide.

Among Germany's wealthiest cities boasting a booming economy and the highest purchasing power, Munich is one of the country's most attractive business locations. The economic heart of southern Germany, it is home to global brands like BMW and Siemens, as well as the German or European headquarters of many foreign companies such as McDonald's and Microsoft. Other tech firms like Apple, Google and IBM have made the Bavarian capital their new hub in recent years, while the German head offices of publishing group Condé Nast, producing magazines like Vogue, GQ and Architectural Digest have also moved to the financial centre, bringing scores of young professionals with them. Product launches, fashion shows and other headline events have converged on the city too, shifting their attention away from Berlin.



Spanning two landmark buildings – the former Bavarian State Bank headquarters and the Palais Neuhaus-Preysing aristocratic residence – the Rosewood Munich retains its original neo-Baroque and Rococo facade, stately grand staircase inscribed with the word “Tresor” (German for “bank vault”), ornate vaulted ceilings and delightful frescoes, all painstakingly restored. Hilmer Sattler Architekten Ahlers Albrecht was entrusted with the architectural design, while the interiors were expertly curated by London-based Tara Bernerd & Partners and Munich interior design studio, DiPPOLD, which have draped the hotel in an enticing mix of rich materials like velvet, tweed, leather, stone, wood and brass. There’s a definite sense of arrival as you transition from the outside world to the inner sanctum, walking through the entrance archways up the marble stairs to the modern lobby. Featuring elongated windows overlooking an interior courtyard – a typical feature in Munich’s old town – the foyer is decked out in patterned marble floors, dark timber bookshelves and recessed ceilings with cathedral-inspired domes.

“We have sought to place the hotel firmly within the city of Munich,” says designer Tara Bernerd. “We spent a long time researching the area and its culture, studying the local materials and existing architecture. We have sought to combine the two diverse characters of old and new Munich, through the use of form and materiality, interweaving contemporary shapes with more traditional fabrics. We have chosen or bespoke-designed furniture and rugs that are a deliberately eclectic mix of mid-century inspired and contemporary pieces to give a luxuriously residential feel that softens the space at the lower level, with comfortable seating and warm lighting from lamps and lit shelving.”

Straddling Old World opulence and New World hospitality, the 73 guestrooms and 59 suites – which include five colossal “houses” styled like apartments for a home-away-from-home feel – are generous with soaring double-height ceilings and custom furniture. Named after members of Bavaria’s royal family, the houses come with expansive private terraces offering gorgeous views of the city skyline and custom-made objets d’art by the centuries-old Nymphenburg porcelain manufacture. The King Maximilian II House on the top floor is the largest of them all with a full kitchen, 12-seat dining

table and tailored butler service, designed like a chic Munich penthouse. Entry-level rooms start from €700 per night and suites from €1,200, while the King Maximilian II House will set you back from €20,000 a night.

Both tourists and locals alike are calling Rosewood Munich home, with the hotel’s dining options mainly frequented by Munich residents. Full when we visited, the clientele was young and sophisticated. Rather than entering by the main entrance, non-hotel patrons have direct access from the street to Brasserie Cuvillies blending modern Alpine flavours with Bavarian cuisine, where diners can watch the spectacle of the open kitchen unfold, or Bar Montez named after the scandalous Lola Montez, a 19th-century Irish dancer and actress who gained notoriety as the mistress of King Ludwig I of Bavaria. While sipping on handcrafted beverages and listening to the live jazz band, guests can take in the eye-catching stained-glass installation depicting a contemporary cubist interpretation of Munich’s jazz scene in the 1920s, which was designed by John Biggs and fabricated by the renowned Mayer’sche Hofkunstanstalt. Acting as a social anchor for the city, it’s the place to see and be seen in.

Exactly what Munich needed at this moment in time, Rosewood Munich fills a void that was missing from the city’s hotel scene. Although one might argue that the art and culture-focused Andaz Munich, which opened in 2019, is a competitor, Alice Buchsbaum, cluster director of communications of Rosewood Munich, insists it’s a boutique hotel of a different category. “The last luxury hotel in Munich opened over a decade ago,” she states, referring to The Charles Hotel established in 2007. “What Munich really needed was a space equally valuable for locals as well as international guests. Rosewood Munich has become a spot for the community. Guests like to go to Bar Montez for a drink after dinner with the good music programming, which is pretty unique in Munich, celebrate their birthday at Brasserie Cuvillies or linger at Wintergarten for afternoon tea.” However, Rosewood won’t remain the new kid in town for long, as the Marriott’s five-star Koenigshof is set to debut in mid-2024. 🏰



### About The Writer

*Dionne Bel is a freelance journalist and editorial consultant who has lived on three different continents. Dionne loves to meet with inspirational individuals in pursuit of excellence to tell their stories: emerging and established artists, designers and craftsmen, engaging entrepreneurs and philanthropists, and the movers and shakers of the world today. She contributes regularly to regional and international titles such as Artsy, Design Anthology, Forbes, Robb Report, Shawati’ and Tatler, shining a spotlight in particular on art, architecture, design, horology and jewellery.*



# Gardens

“

*I was instantly captivated by the name. Gardens of Eden evoked a vision of going back to where it all started – man in nature.*

- Martin Palleros

Nestled along the pristine shores of Bangtao Beach in Phuket, Thailand, Gardens of Eden emerges as an oasis of luxury and sustainability. Developed by the team at Amal Development, this residential and lifestyle community is not just a conventional development; it represents a leap towards a future where environmental harmony seamlessly intertwines with comfort. Spanning 73 rai of prime beachfront land, equivalent to 22 soccer fields, Gardens of Eden stands as evidence of Amal Development’s dedication to redefine luxury living through a commitment to environmental sustainability.

As one of the last available building slots in this exclusive location, Gardens of Eden commands attention with its approach to green living. "We need to rethink the design of future sustainable cities to ensure they are more liveable. This is a challenge we are taking on at Gardens of Eden," says the project architect Martin Palleros.



# of Eden

## Crafting a Sustainable Sanctuary for Luxury Living in Phuket

by Debbie Tan & Toh Mu Qin

Palleros continues explaining, “I was instantly captivated by the name. Gardens of Eden evoked a vision of going back to where it all started – man in nature. In stark contrast to the ‘more is more’ mentality prevalent among developers, who often prioritise maximising profit by filling every square inch with structures, our approach embraces the power of ‘less is more’. I dare say our project is one of the few in the world with such a low density ratio. This conscious choice, I believe, has the potential to set a ground-breaking precedent for future developments, encouraging a shift towards incorporating more nature and open spaces into their vision.”

With a staggering 70% of its land dedicated to open spaces, gardens, lakes, parks, and pools, this low-density oasis sets a new standard for eco-friendly luxury living in Phuket. Beyond its architectural wonders, Gardens of Eden expresses a philosophy of environmental responsibility, integrating cutting-edge energy conservation practices and innovative landscaping elements to create a harmonious ecosystem where residents can thrive in sync with nature.



But Gardens of Eden is more than just a residential complex; it's a pulsating community where like-minded individuals come together to embrace a lifestyle of luxury and well-being. From its world-class wellness facilities to its commitment to community engagement and sustainability initiatives, Gardens of Eden offers residents a unique opportunity to experience the epitome of luxury living amidst the lush landscapes of Phuket.

Amal Group's corporate affairs advisor Ravi Chandran said, "It is very significant that Gardens of Eden is placing such an emphasis on green living as buyers want to buy into the island lifestyle of Phuket, which is all about nature and its beauty. The vision is to have a family-friendly environment that embraces the wider community – taking a lead on the world's most important subject on the island."

So step into a world where paradise meets possibility, and discover the allure of Gardens of Eden – where luxury and sustainability converge to create an unparalleled living experience.

### **Sustainable Serenity – Gardens of Eden's Eco-Friendly Oasis**

Central to this eco-conscious approach lies the expertise of renowned sustainable consultancy, Intrinsic, led by founder and director Jerawan Srepechdanon. With a strong understanding of the project's intent and landscaping elements, Intrinsic adds depth and significance beyond mere aesthetics. Jerawan recognises the rarity of a residential property developer in Phuket prioritising sustainability and fostering a collective awareness of green initiatives. Initiatives to engage the community in Phuket includes partnering schools in programmes to promote awareness of sustainability and a healthy, active lifestyle.

Through meticulous planning and innovative design, Intrinsic will help to restore the biomass density value of the land, creating a thriving ecosystem that promotes biodiversity

and environmental conservation. By incorporating natural swimming pools fed by stormwater treated from wetlands, Gardens of Eden not only reduces its environmental footprint but also provides residents with a unique opportunity to reconnect with nature.

Moreover, Gardens of Eden has partnered with internationally accredited environmental experts to implement cutting-edge energy conservation practices. From solar panels to energy-efficient appliances, every aspect of the project is designed to minimise energy consumption and reduce carbon emissions. This commitment to sustainability reflects the developer's deep and sincere intent to create a community that embraces a holistic approach to well-being. By prioritising sustainability, Gardens of Eden has created a safe and secure environment where families can thrive. From green spaces to energy-efficient homes, every aspect of the project is designed to promote a healthy and sustainable lifestyle.

### **Zen Zone – A Haven for Wellness and Recreation**

At the heart of Gardens of Eden lies a 5,000 square metre wellness centre, thoughtfully constructed to offer a range of holistic experiences aimed at nurturing the mind, body, and soul. Within this sanctuary of well-being, residents and vacationers are invited to embark on a journey of self-discovery amidst a backdrop of lush greenery and serene landscapes. Whether indulging in rejuvenating spa treatments, exploring invigorating fitness trails, or engaging in revitalising exercise stations, every facet of the wellness centre is carefully curated to promote holistic wellness and rejuvenation.

Additionally, Gardens of Eden goes above and beyond to cater to the needs of families by offering two dedicated kids' clubs and a charming small water park. These family-friendly amenities ensure that every member of the community, regardless of age, can bask in a lifestyle of luxury and leisure. From supervised play areas for children to peaceful spots for relaxation for adults, Gardens of Eden truly caters to the diverse

needs and desires of its residents and vacationers, fostering a sense of inclusivity and harmony within the community.

Beyond the confines of the wellness centre, Gardens of Eden extends its offerings with a magnificent five-hectare park within its verdant grounds. This expansive park serves as a luxuriant oasis, providing residents and vacationers with ample opportunities to immerse themselves in the beauty of nature while engaging in a variety of outdoor activities. Covering the park's lush landscape are fitness trails, inviting residents to partake in invigorating walks, scenic runs, and exhilarating bike rides amidst the tranquillity of nature's embrace.

With its natural landscaping and tranquil ambience, the park serves as a serene sanctuary where residents and vacationers can escape the stresses of daily life and reconnect with the beauty of the natural world. Whether unwinding with a leisurely stroll through the lush greenery or finding solace in moments of quiet contemplation by the park's serene water features, residents and vacationers of Gardens of Eden are invited to embrace a lifestyle of holistic well-being and harmony with nature.

### **Residential Splendour – Revel in Blissful Living**

Gardens of Eden presents a versatile selection of residential options tailored to complement every lifestyle, ranging from the beach-fronting Eden Residences to the greenery-fronting Park Residences and the tranquil water-fronting Lake Residences. Each residence is designed to offer a fusion of luxury and comfort, boasting expansive layouts and breathtaking panoramic vistas that effortlessly capture the natural beauty of Phuket's landscape.

Eden Residences represents luxury living with its 141 lavish apartments exuding sophistication and style. Residents are greeted with an array of exclusive amenities, including a lush main garden, a state-of-the-art clubhouse, a chic café situated beside a sparkling pool, a well-equipped gym, and a vibrant kids' zone. The residences feature a diverse collection of one to four-bedroom units, along with two-level apartments that

boast private pools, offering an idyllic retreat for discerning homeowners seeking the ultimate in luxury and comfort.

### **Phuket's Lifestyle Portal – Exploring Accessible Amenities**

Gardens of Eden's strategic location offers residents and vacationers easy access to Phuket's prime amenities and facilities, including the Phuket Boat Lagoon, Phuket International Airport, and Bangkok Hospital Phuket. Whether it's indulging in a leisurely stroll along the beach or discovering the vibrant local culture, residents and vacationers of Gardens of Eden can fully immerse themselves in the best that Phuket has to offer.

Amid Phuket's evolution into a premier lifestyle destination, Gardens of Eden presents residents and vacationers with a distinct opportunity to embrace a lifestyle characterised by luxury, wellness, and environmental sustainability. As the island undergoes transformation, Gardens of Eden remains steadfast in its commitment to offering residents a memorable living experience that harmonises with Phuket's natural beauty and vibrant culture.

### **Building Together – Community Engagement and Sustainability Initiatives**

Apart from its luxurious amenities and eco-conscious design, Gardens of Eden is dedicated to fostering community engagement and sustainability initiatives that enrich the lives of its residents and contribute to the broader well-being of the Phuket community. Collaborating with local schools, the project instils awareness of sustainability and encourages a healthy, active lifestyle among children, nurturing a sense of environmental responsibility from an early age.

Besides, Gardens of Eden participates in a variety of community events and workshops that address topics such as sustainable landscape design, green building and design practices, environmental conservation, and other eco-friendly initiatives. These initiatives equip residents with the knowledge and tools needed to lead more sustainable lives. The project also supports local artisans and businesses through its artisanal grocer's market and lifestyle boutiques, promoting economic growth and cultural exchange within the community while furthering its commitment to sustainability and community engagement.

By adopting innovative strategies for green living, offering state-of-the-art wellness facilities, and committing to community engagement and sustainability initiatives, Gardens of Eden has established an exceptional benchmark for luxury lifestyle holiday destinations in Phuket and beyond. Why settle for anything less when you can indulge yourself in the unmatched luxury and serenity of Gardens of Eden? It's more than just a place to live and vacation; it's a sanctuary where luxury, sustainability, and well-being come together to offer a unique living and holiday environment. 🌿



At One with  
**Natural  
Wild &  
Sensory  
Wellness**

At Amangiri

by Priyanka Elhence

Looking out over the Colorado Plateau in southern Utah, Amangiri brings a focused sense of rejuvenation and relaxation through wild and sensory wellness from its natural surrounds.

**N**estled in southern Utah's untouched desert overlooking the Colorado Plateau, Amangiri's sanctuary is renowned for its focus on relaxation and rejuvenation. In celebration of the resort's 15th anniversary this year, Amangiri is presenting new holistic and integrative wellness experiences, drawing on the natural elements of earth, wind, fire and water to renew body, mind and soul.

**Setting the scene**

Sprawling over 2,322 square meters, the Aman Spa at Amangiri sits in a protected valley with sweeping views towards the Grand Staircase-Escalante National Monument. Inspired by the natural landscape, the holistic spa and beauty menu draws on world healing traditions and spa journeys to restore balance, harmony, health, and beauty. The Aman Spa



offers an extensive range of facilities including hydrotherapy and floatation pavilions, a watsu pool, a state-of-the-art fitness centre with cardiovascular and strength-training equipment, as well as yoga and Pilates studios.

A short distance from the main resort, on a 900-acre land of towering mesas (flat-topped mountain hills), slot canyons and rust-coloured sands, the exclusive Camp Sarika by Amangiri presents the ultimate destination for an elevated and private wellness experience against a backdrop of untouched natural beauty.

Newly added holistic and integrative wellness experiences include:

### Wild Wellness

Earth and wind come together for Yoga on the Rocks, with a short hike to the top of a rock formation in the desert, for a one-of-a-kind yoga experience high above the valley floor. Scenic 360° views of the Grand Staircase-Escalante National Monument set the scene for Amangiri's resident fitness and yoga specialist to guide a personalised movement session focused on breathing patterns, using the visual reference of the horizon for deeper balance and grounding.



Fire and water are combined during Thermal Therapy sessions led by Amangiri's expert practitioners. Surrounded by the natural beauty of the desert, guests can experience the therapeutic use of the sauna, steam room, and cold plunge to aid in physical recovery and promote mental clarity.

While being immersed in water, a unique and natural grounding element, the Ai Chi session draws upon Tai Chi and Qi Gong (a 4,000-year-old practice of harmonising mind, body, and breath to optimise the flow of 'qi' energy), to promote overall health and a long-lasting sense of relaxation.

### Sensory Wellness

The wide-open horizon and remote silence found in the heart of Amangiri's desert landscape encourages a relaxed pace and better practice of self-care. This is best experienced through Amangiri's latest grounding Mindfulness Walk – a sensory interaction with the natural elements (guests can pair the Mindfulness Walk with Intentional Silent Time for a micro digital detox).



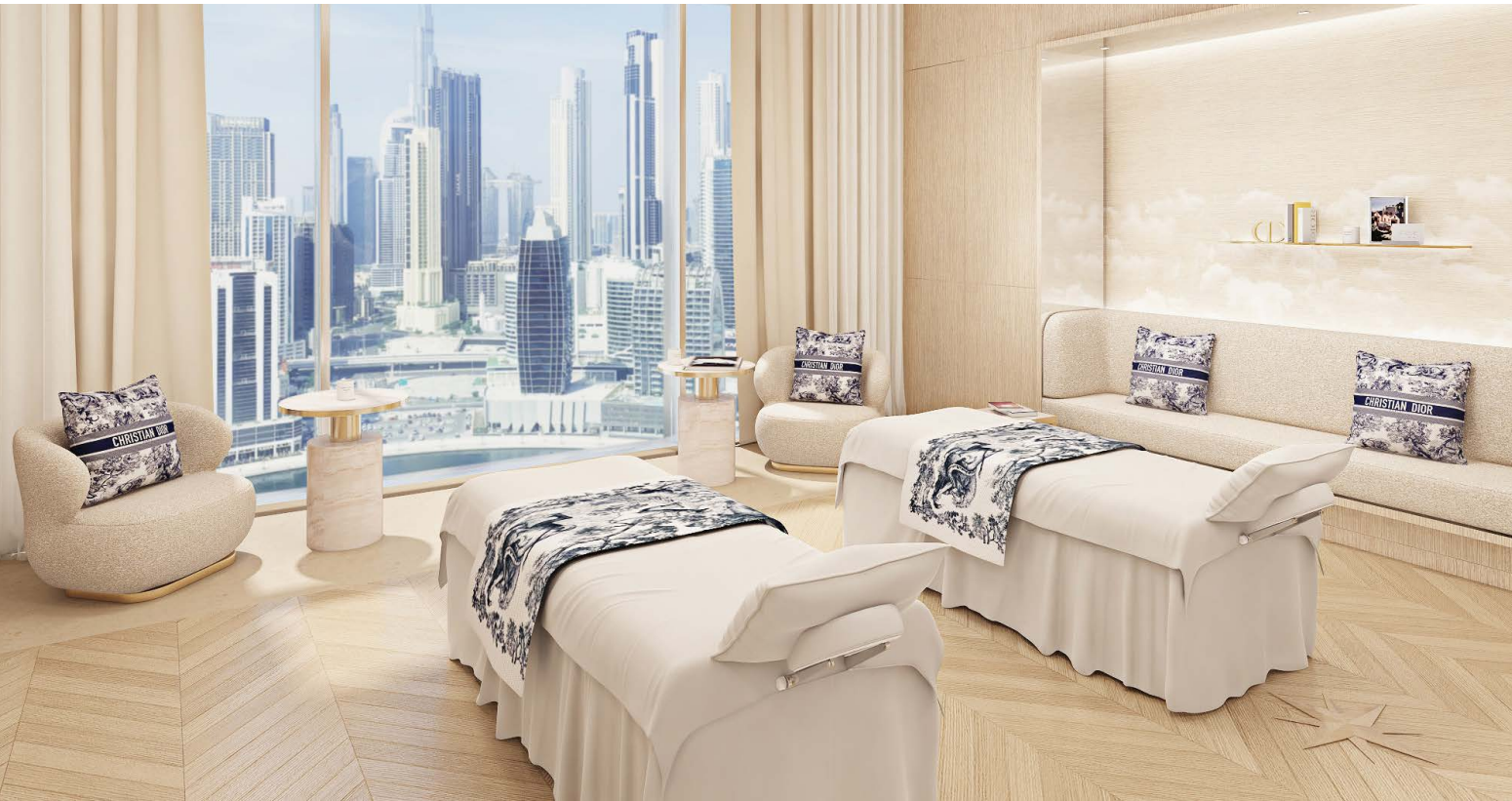
Also new this season in the Flotation Pavilions are the ASMR Wellness Sessions (Autonomous Sensory Meridian Responses) to help clear the mind and engage the senses; while the Dark Exposure Sessions encourage balance and harmony through a form of sensory deprivation to focus on supporting connection to self and acceptance of mind.

### In-Pavilion Wellness at Camp Sarika

For an intimate, back-to-the-wild desert experience, Camp Sarika's exclusive cluster of 10 canvas-topped pavilions, each with a private plunge pool, are designed for guests to enjoy in-pavilion spa experiences and wellness journeys within the privacy of their own luxury enclave.

New treatments for Camp Sarika's newly launched in-pavilion Wellness Journeys include the Open Sky Sound Journey, where guests will hike to the nearby natural amphitheatre for a sound bowl experience promoting relaxation, good well-being and a euphoric sense of expansion, followed by a therapeutic massage. The second, a Mindfulness Path Journey, begins with a walking meditation from the pavilion, followed by breathwork, guided meditation, yoga, and myofascial release, focusing on re-patterning the chains of connective tissue in the body for greater postural support. The experience concludes at the pavilion with Fire Pit Aromatherapy, featuring essential oils in ice, incense, and dried plants to melt or burn in the amber-hued fire during a guided meditation session. Lastly, the Oasis Wellness Journey centres around the healing power of water, with Ai Chi or floating mediation, aqua board yoga and a water shiatsu massage within the tented pavilion's private heated plunge pool.

Also available exclusively at Camp Sarika and in Amangiri's suites with heated private pools is Aqua Shiatsu, a traditional hands-on therapy drawing on the healing power of water to perform stretching and massages. 🌿



Dorchester  
Collection  
Launches The  
Lana and UAE's  
First Ever

# Dior Spa

by Priyanka Elhence

Dorchester Collection scores an impressive stop with the opening of the group's first luxury addition in the UAE, as well as launching the region's first ever Dior Spa at The Lana.

Unveiling the next chapter in Dorchester Collection's unparalleled history of luxury lifestyle and living, the prestigious group recently launched their latest property, The Lana Dubai, in February 2024.

Needing no introductions, the exclusive Dorchester Collection is a portfolio of the world's leading luxury hotels and residences, boasting legendary unique properties, with rich heritages and worldwide reputations of elegant havens with unparalleled standards of service. Conceptualised and managed on behalf of Dubai-based developers OMNIYAT, the 30-storey The Lana marks the first step in curating a new phase for the Downtown Dubai neighbourhood, and ushering in a new era for Dorchester Collection in the Middle East and Asian regions.

Located on a stunning waterfront setting of the Marasi Bay Marina and overlooking Burj Khalifa, The Lana is poised to be Dubai's ultimate expression of trusted hospitality and elevated living. Constructed by Foster + Partners, the property consists of 225 rooms and suites as well as eight new dining concepts (four of which have been created with three



Michelin-starred chefs – Jean Imbert, Martín Berasategui, and pastry chef, Angelo Musa.

Inspired by Dubai's ever-changing skyline, Foster + Partners' striking interconnected design for the luxury hotel features The Lana Promenade, a central podium for retail and restaurants, as well as an infinity rooftop pool with views over the cityscape and desert landscape beyond. And setting new benchmarks in design, the interiors by famed Parisian duo, Gilles & Boissier, are influenced by Dubai's modern minimalism and the rich tapestry of UAE's cultural influence, resulting in luxurious accommodations with outdoor terraces and floor-to-ceiling glass windows for natural light and sweeping views of Burj Khalifa. Rounding up the aesthetic strategy is a carefully curated selection of more than 50 art pieces, commissioned by local and global artists.

Slated to open in April 2024, The Lana will also be home to the first Dior Spa in the UAE. Located on the 29<sup>th</sup> floor, guests can experience an unprecedented experience in well-being, bathed in natural light flooding in from its elevated position.

The Dior Spa The Lana offers three signature treatments exclusive to the property, including Escale at The Lana, Dior Stone Therapy and D-Sculpt. Enriching the experience further, Iyashi Dôme technology introduces customisable sauna sessions, providing both relaxation and slimming effects, complemented by an array of facial treatments thoughtfully curated for men as well as a personalised programme of hand and foot treatments.

Escale at The Lana is a tribute to the inaugural Dior Spa set 'amongst the clouds', a unique Japanese-inspired ritual defying the laws of gravity, with a fusion of traditional techniques and innovative relation methods for both body and mind. The treatment seamlessly blends kneading, friction and percussion and full body stretching through a deep, slow body massage, releasing muscle and joint tensions.



For a truly refined experience, the Dior Stone Therapy sees semi-precious stones strategically placed on the body. The indulgence extends with a facial micro-abrasion, employing sapphire crystals while the skin revels in the rejuvenating glow of the Dior Skin Light led therapy mask.

Finally, D-Sculpt offers a body massage with firming and slimming properties, skilfully combining the traditional benefits of wood, dry brushing and toning techniques, with those of the manual "skin lift" method, providing anti-cellulite effects.

Integrating cutting-edge technology into their treatments, The Dior Spa The Lana also features Icoone Therapy, Hydrafacial, Dior Micro-Abrasion, and the Dior Skin Light LED therapy mask, the latter being Dior's first-ever LED mask with age-defying effectiveness and renowned for its ability to promote intense cell regeneration, in partnership with Lucibel.le Paris, pioneers and experts in LED technology. 🌿



# Luxury at Your Doorstep

## Elevating Everyday Wellness

by Christina Yip

In a world where the pursuit of well-being has become the ultimate status symbol, a new wave is sweeping through the lives of the well-to-do. It's not your typical story – it's a lifestyle revelation. Imagine homes morphing into personal havens of luxury, where the affluent rewrite the rules of well-being. This isn't just about keeping up with the Joneses; it's a style revolution where opulence seamlessly merges with daily routines. From top-notch fitness gadgets to doorstep-delivered gourmet meals, the high-flyers are crafting a lifestyle that shouts health and mindfulness without sacrificing an ounce of indulgence.

*In this revolution, people are not just embracing wellness; they are weaving it into the fabric of their existence with purpose.*

So, let's peel back the curtain and take a sneak peek into this high-end, trendsetting lifestyle where commitment to well-being isn't just a choice – it's a statement.

Your home isn't just a place to crash; it's a sanctuary of extravagance. We're talking about spaces that redefine what it means to live well. Gone are the days of mundane routines; now it's all about high-tech gadgets and gourmet delights creating a symphony of luxury in everyday life. This exploration isn't just a glimpse into a lifestyle; it's an invitation to a chic, trendy world where health and glamour aren't at odds. They're the power couple of a lifestyle that's extraordinary.

So, buckle up and get ready for a ride into a lifestyle where living well is an art form. Where homes aren't just spaces; they're canvases for a masterpiece of indulgence and well-being. Welcome to the revolution – where wellness isn't just a goal; it's a chic lifestyle that's turning heads and setting trends.

#### **Everyday Wellness Revolution: Crafting a Life Well-Lived with Purpose**

Delving into the realm of everyday well-being goes beyond the infusion of luxury – it's a profound commitment to reshaping the very essence of wellness within our daily tapestry. In a world where the relentless pace of modern life often leaves us yearning for respite and rejuvenation, the allure of everyday well-being becomes a beacon guiding individuals toward a life well-lived.

People are embracing this revolution not merely as an escape from the chaos but as a conscious decision to prioritise their health and mindfulness in every aspect of their daily routines. The evolving narrative sees homes transforming into personalised sanctuaries, each corner curated with a purpose—to instil a sense of well-being, not as a fleeting indulgence, but as an integral part of the daily rhythm. This profound shift acknowledges that well-being isn't a one-size-fits-all concept. It recognises the need for tailored experiences, acknowledging that individuals are seeking more than just a break from the hustle and bustle; they are yearning for a lifestyle that nurtures their physical and mental health. Cutting-edge fitness technologies and personalised nutrition take centre stage in this narrative, not as mere trends but as tools to empower individuals in their pursuit of a life well-lived. The very act of embracing these

advancements becomes a declaration – a conscious choice to sculpt an environment where every detail of daily life reflects a commitment to individual well-being.

In this revolution, people are not just embracing wellness; they are weaving it into the fabric of their existence with purpose. The narrative unfolds with a deeper understanding that living well isn't a luxury reserved for special occasions but a daily celebration, a conscious and purposeful endeavour to craft a life where well-being takes centre stage. It's not just about staying healthy; it's about thriving in a life that's not just lived but exquisitely curated with intention and purpose.

#### **Elevating Home Workouts: Crafting Personalised Wellness Havens**

As individuals of affluence embark on their quest for heightened well-being, their homes undergo a metamorphosis with the integration of high-end home gyms. These are not your typical fitness corners; they are meticulously curated spaces equipped with cutting-edge fitness technologies, where every workout transforms into an indulgent and personalised experience.

One such pinnacle of fitness luxury is Technogym's Kinesis Personal Vision, a revolutionary fitness system that marries technology with artistic design. In the realm of high-end home gyms, this sophisticated marvel stands as a testament to the fusion of functionality and aesthetics. Imagine stepping into a home gym adorned with Technogym's Kinesis Personal Vision – a state-of-the-art masterpiece that goes beyond traditional fitness equipment.

This high-tech wonder redefines the very essence of a personalised wellness space. It becomes more than just a gym; it transforms into a haven where fitness transcends routine and ascends to the level of artistry. The sleek design seamlessly blends with cutting-edge technology, offering a range of exercises and customised training programs tailored to individual needs.

Picture sculpting your physique amidst the artistic allure of the Kinesis Personal Vision, where each movement becomes a stroke on the canvas of your well-being. This is not just a home gym; it's a sanctuary where fitness becomes an immersive and personalised journey within the comforts of home. Technogym's

Kinesis Personal Vision is not just a piece of equipment; it's a statement, symbolising the pinnacle of luxury and innovation in the realm of bespoke wellness havens.

### **Mirror: Elevating Home Fitness with Personalised Experiences**

Step into the future of fitness with Mirror, an interactive marvel brought to you by Peloton. This smart fitness device transforms your walls into immersive workout experiences, reflecting not just your image but a customised training session directly into the heart of your home. The narrative unfolds as Mirror becomes the gateway to a fitness realm where individual preferences and aspirations are mirrored seamlessly.

In this revolutionary fitness haven, Peloton's Mirror stands as a testament to the fusion of technology and wellness. Imagine the sleek, unassuming mirror on your wall transforming into a portal to personalised fitness adventures. Mirror offers a vast array of workout options, from high-intensity sessions to yoga, all guided by expert instructors.

This isn't just about following a workout routine; it's about crafting an experience that mirrors your unique fitness journey. Mirror engages users with real-time feedback, tracking movements and progress to ensure each session aligns with personal goals. The interactive interface creates an engaging environment where users feel connected to both the virtual instructor and the broader fitness community.

Mirror's impact goes beyond its reflective surface. It signifies a shift in how we perceive and engage with fitness. Users aren't just exercising; they are entering a realm where every movement mirrors their individuality, preferences, and wellness aspirations. The wall becomes a canvas for your very own fitness story.

As you engage with Mirror, you're not merely working out; you're sculpting a wellness journey that mirrors your desires. It's a device that goes beyond the physical; it reflects a commitment to a personalised, immersive, and tech-infused approach to fitness. Mirror is not just a reflective surface; it's a transformative tool, making every workout a unique adventure within the walls of your home.

### **Personalised Nutrition: Crafting Culinary Excellence for Everyday Well-Being**

Stepping beyond the boundaries of fitness, the affluent immerse themselves in the realm of personalised nutrition to redefine their everyday wellness. At the heart of this commitment are gourmet meal deliveries, meticulously tailored to individual dietary needs and preferences. Here, the

narrative unfolds seamlessly, weaving a tapestry of culinary excellence intricately interwoven with health-conscious choices – a narrative where each meal becomes a harmonious celebration of both indulgence and nutrition.

### **Sakara Life: Elevating Gourmet Nutrition**

Imagine indulging in gourmet meals from Sakara Life, a premier meal delivery service renowned for its dedication to plant-based, nutrient-dense offerings. The story unfurls as individuals relish culinary excellence, artfully crafted with a profound commitment to well-being. Sakara Life serves as a symbol, showcasing how personalised nutrition can transform daily meals into an extraordinary celebration of health and taste.

### **Factor: Precision in Culinary Health**

Step into the world of Factor\_, a meal delivery service seamlessly marrying culinary precision with health-conscious choices. The narrative here is one where every meal is a bespoke creation, thoughtfully curated to meet individual dietary needs. Factor\_ seamlessly integrates into the everyday well-being story, where indulgence and health coexist effortlessly on the dining table.

In this unfolding narrative, customised nutrition emerges as a seamless fusion of culinary artistry and wellness consciousness. These exceptional meal delivery services exemplify how the marriage of indulgence and health effortlessly integrates into the daily lives of the affluent, fostering a holistic approach to well-being.

### **Wellness-Focused Interior Design: Cultivating Tranquility at Home**

As the pursuit of well-being continues to evolve, a profound transformation extends into the very essence of homes. Wellness-focused interior design emerges as a pivotal element, transcending mere aesthetics to craft spaces where serenity is not only visible but palpable – a transformative endeavour embraced by the affluent.

In this evolving narrative, the affluent move beyond the conventional boundaries of design, seeking to infuse their living spaces with an energy that resonates with tranquility and balance.

Therapeutic Lighting Solutions by Dyson: Envision a home where the lighting transcends mere illumination, becoming a therapeutic element designed to enhance well-being. Dyson's Lightcycle Morph, an innovative lighting solution, adapts to the user's age, daily routine, and ambient lighting conditions. This product becomes a cornerstone of wellness-focused

interior design, creating an environment where lighting isn't just functional but also contributes to a harmonious and serene living space.

**Biophilic Design Elements by The Sill:** Picture living spaces adorned with lush greenery and strategically placed plant life. The Sill, a brand renowned for its biophilic design elements, seamlessly integrates nature into interior spaces. From vibrant potted plants to cascading greenery, these elements become more than decorative – they foster a connection with nature, infusing homes with a sense of calm and vitality.

**Mindful Decor by CB2:** Consider a home where decor isn't just visually appealing but also serves as a mindful reflection of personal well-being. CB2, with its Mindful by Design collection, curates decor that goes beyond aesthetics, incorporating elements that promote mindfulness and tranquility. From meditation cushions to calming colour palettes, these design choices contribute to crafting an environment where every corner exudes serenity.

This evolving illustration highlights how wellness-focused interior design transcends the superficial to become an integral part of everyday life. Each product, meticulously designed to enhance well-being, contributes to the creation of living spaces where serenity isn't just a concept but a tangible and immersive experience.

### **Conclusion: Elevating Everyday Well-Being to Extraordinary Living**

The trend among the affluent to seamlessly infuse luxury into their daily routines signifies a paradigm shift in the narrative of well-being. The venture into everyday wellness transcends traditional paradigms, with homes evolving into opulent sanctuaries, high-end home gyms transforming into personalised wellness havens, gourmet meal deliveries redefining culinary indulgence, and wellness-focused interior design shaping living spaces into tranquil retreats.

As the affluent redefine well-being within the sanctuary of their homes, an extraordinary commitment unfolds, surpassing the ordinary. This transformative experience is marked by the seamless integration of health and mindfulness into the fabric of daily life, where luxury effortlessly intertwines with routine. Step into the forefront of well-being, where the everyday aspects of life are elevated to exceptional experiences, and homes become not just living spaces but the vibrant heart of a truly fulfilling life. In this paradigm, well-being is not merely a concept but a lived reality, where every corner of the home resonates with the melody of a harmonious and balanced lifestyle, tailored to the unique aspirations and desires of

those who dwell within. Welcome to the future, where well-being is not a destination but an ongoing venture, and homes stand as testaments to the artistry of a life well-lived.

The evolution of well-being takes centre stage as homes become opulent sanctuaries, embracing a fusion of luxury and daily living. From bespoke fitness spaces to curated interiors, every corner reflects a commitment to wellness that transcends the mundane. High-end home gyms emerge as more than exercise spaces; they become personalised wellness havens. With cutting-edge fitness technologies like Technogym's Kinesis Personal Vision and Mirror, the affluent curate workout experiences that transcend routine, crafting spaces where fitness becomes an art form. Gourmet meal deliveries redefine culinary indulgence, offering a symphony of flavours tailored to individual dietary needs. Services like Sakara Life and Factor\_ exemplify how every meal becomes a celebration of health and taste, elevating everyday dining into a culinary journey. Wellness-focused interior design transforms living spaces into tranquil retreats, with products like Dyson's Lightcycle Morph, The Sill's biophilic elements, and CB2's mindful decor. Here, serenity is not just seen but felt, as every design choice contributes to a harmonious and balanced living environment.

In the landscape of everyday well-being, this transformative narrative unveils a commitment where luxury seamlessly integrates into routine. It is a passage where homes become not just spaces but reflections of an extraordinary life – a life well-lived with a conscious blend of opulence, wellness, and mindfulness. 🌿



### **About The Writer**

*Having led and transformed fintech and blockchain companies across Asia since 2015, Christina is an accomplished chief marketing strategist. Her impressive track record includes accelerated growth in startups, ICO structuring, and leading marketing initiatives in various blockchain consultancy firms that worked with more than 200 blockchain projects, including Chainlink, Elrond, EOS, VeChain, NEO, Harmony, and Zilliqa. She is an expert in building effective distribution channels, forming strategic partnerships, and delivering high-impact advertising for customer acquisition, especially in the blockchain industry. Christina is also legally trained and has been actively involved in regulatory compliance topics in digital assets and emerging technologies. She is enthusiastic about the transition to Web 3.0 and believes in the creator economy fueling SocialFi projects.*

# Addressing Dementia Through Innovation

## LTPA Solution Co., Ltd Leads the Way

by Toh Mu Qin

**D**ementia, a condition predominantly affecting the elderly, poses not only a significant challenge to patients but also places a substantial burden on their caregivers. As the global population continues to age, the prevalence of dementia is on the rise, necessitating innovative solutions to address its prevention and management. Among the pioneering companies in this field is LTPA Solution Co., Ltd, which has been at the forefront of developing technological and digital solutions aimed at preventing and delaying dementia onset.



### Empowering Communities Through Dementia Care

Established in 2019, LTPA Solution Co., Ltd has quickly gained recognition for its new approach to dementia prevention. Leveraging evidence-based medicine and advanced technologies such as AIoT (Artificial Intelligence of Things), the company has developed a comprehensive suite of products designed to provide precise cognitive training tailored to individual needs. What sets LTPA Solution Co., Ltd apart is its interdisciplinary team of experts, including professionals in ICT (Information and Communications Technology), medical science, therapy, neurology, and data analysis, ensuring a holistic approach to combating dementia.

Since its inception, LTPA Solution Co., Ltd has been dedicated to refining its offerings to meet the evolving needs of patients and caregivers. Collaborating with occupational therapists since 2014, the company embarked on the digitisation of traditional cognitive rehabilitation techniques. By integrating IoT (Intelligence of Things) and wearable devices into their solutions, LTPA Solution Co., Ltd enables real-time

*Collaborating with occupational therapists since 2014, the company embarked on the digitisation of traditional cognitive rehabilitation techniques.*





monitoring of user behaviour, allowing for early detection and intervention in dementia progression.

### **Innovative Solutions for Dementia Prevention**

At the heart of LTPA Solution Co., Ltd's approach to dementia prevention is its Precision Training Solution, a platform introduced in 2022. This comprehensive solution encompasses an all-rounded approach, integrating cognitive impairment assessment, risk estimation, and personalised training regimens, all meticulously designed to preserve and enhance cognitive function in individuals at risk of dementia. By harnessing the power of neuroplasticity, LTPA Solution Co., Ltd's products aim to promote cognitive health through targeted activities that stimulate various cognitive functions, including responsiveness, attention, memory, logic, and coordination.

Central to the success of LTPA Solution Co., Ltd's Precision Training Solution is its robust foundation built upon rigorous clinical trials. These trials have yielded compelling evidence of the effectiveness of the company's screening and monitoring tools, boasting an impressive accuracy rate of 80%. Through the integration of cutting-edge technology, LTPA Solution Co., Ltd's screening kit enables early detection of cognitive impairment risks, empowering healthcare professionals to intervene proactively and initiate timely interventions that can significantly impact patient outcomes.

Moreover, LTPA Solution Co., Ltd's wearable devices represent an advancement in dementia care. Incorporated into the daily routines of elderly care centres, these devices serve as invaluable tools for assessing both cognitive and physical abilities. By continuously collecting and analysing real-time

data, these wearables provide unprecedented insights into individual cognitive and motor function, enabling caregivers to tailor training programmes with unparalleled precision. Notably, this data-driven approach not only enhances the quality of training but also streamlines resource allocation, effectively reducing manpower requirements and optimising operational efficiency within care facilities.

Beyond their utility in clinical settings, LTPA Solution Co., Ltd's wearable devices offer a lifeline to individuals and families affected by dementia. With the ability to monitor cognitive and physical health remotely, these devices provide peace of mind to caregivers while empowering patients to maintain their independence and autonomy. By fostering a sense of agency and control over one's health, LTPA Solution Co., Ltd's wearable technology serves as a powerful tool in the ongoing battle against dementia, offering hope and reassurance to millions worldwide.

### **Expanding Reach and Impact**

In addition to its technological innovations, LTPA Solution Co., Ltd places a strong emphasis on collaboration and partnership within the healthcare ecosystem. By forging strategic alliances with leading research institutions, healthcare providers, and industry stakeholders, the company remains at the forefront of cutting-edge developments in dementia prevention and care. LTPA Solution Co., Ltd has unlocked new avenues for growth and market expansion, and has ventured into international markets, including Japan, Canada, and Hong Kong, where the demand for dementia care solutions is burgeoning. Through collaborative efforts as a partner of LHWY International Pte Ltd, LTPA Solution Co., Ltd seeks to leverage collective expertise and resources



to tackle the complex challenges posed by dementia, driving innovation and progress in the field.

In line with LTPA Solution Co., Ltd's contributions to dementia care, the company is one of the finalists in the esteemed 12th Asia Pacific Eldercare Innovation Awards 2024 that will be taking place on 9 May 2024. This prestigious recognition not only celebrates the company's commitment to excellence but also acknowledges the impact of its innovative solutions on elderly care practices worldwide. As a finalist, LTPA Solution Co., Ltd has earned the opportunity to showcase its products and services on a global stage, amplifying its influence and inspiring further advancements in the field of dementia care.

**The Ageing Asia Innovation Forum 2024 – A Platform for Collaboration and Exploration**

The upcoming 15th Ageing Asia Innovation Forum 2024 serves as the perfect platform for LTPA Solution Co., Ltd to

showcase its solutions and connect with key stakeholders in the eldercare industry. As a featured participant, the company will have the opportunity to engage with industry leaders, policymakers, and innovators from around the world, sharing insights, forging partnerships, and driving collective action to address the evolving needs of ageing populations. Through its participation in this prestigious event, LTPA Solution Co., Ltd will also have the unique opportunity to present its innovative dementia care solutions to a diverse audience.

Beyond networking opportunities, the forum offers an array of presentations, workshops, and panel discussions covering a wide range of topics relevant to ageing populations. By participating in these sessions, LTPA Solution Co., Ltd can gain valuable insights into emerging trends, best practices, and policy developments shaping the future of elderly care.

By actively engaging in the 15th Ageing Asia Innovation Forum 2024, LTPA Solution Co., Ltd reaffirms its commitment to advancing the frontiers of dementia care and making a meaningful difference in the lives of millions affected by this debilitating condition.

Looking ahead, LTPA Solution Co., Ltd's strategic partnerships and accolades highlight its influence in the field of dementia care. By expanding its reach and impact through collaborations and international recognition, the company strengthens its position as a global leader in innovative healthcare and dementia solutions. As it continues to grow and influence, its impact on dementia care is poised to exponentially improve the lives of patients and caregivers alike, promising a brighter future for generations affected by this challenging condition. 🏆



# Would the storm reach Singapore

–The question of inheritance right of an illegitimate child in Singapore?

by Richard Siaw, Loh Chang Woo & Fionn Teo

## The stormy decision of *Tan Kah Fatt v Tan Ying*<sup>1</sup>

In October 2023, Malaysia’s Federal Court issued a groundbreaking ruling that overturned the longstanding legal stance regarding illegitimate children<sup>2</sup> in the country. Before the court’s decision in *Tan Kah Fatt v Tan Ying*, Malaysian law made a clear distinction between the inheritance rights of legitimate and illegitimate children. Legitimate children automatically inherited their parents’ intestate estate, while illegitimate children could only inherit if they were legitimised. Without legitimisation, they were ineligible to inherit from their father’s intestate estate. However, *Tan Kah Fatt* reshaped this legal landscape.

In the wake of the tectonic ruling by the Federal Court in *Tan Kah Fatt*, the distinction in inheritance rights between

illegitimate and legitimate children whose parents died intestate has been abolished. Now, an illegitimate child in Malaysia receives equal treatment to a legitimate child and is entitled to a portion of their parent’s intestate estate, regardless of their parents’ marital status at the time of the child’s birth and the absence of subsequent legitimisation. In their article titled ‘Inheritance Rights of Illegitimate Children in Malaysia: Dawn or Storm after *Tan Kah Fatt v Tan Ying*’<sup>3</sup>, Chee Ying Kuek and his fellow authors explored the doctrinal disharmony and legal concerns stemming from the case.

This article seeks to expound on the analysis proffered by Chee and his co-authors to examine the contrasting legal positions between Singapore and Malaysia in the aftermath of *Tan Kah Fatt*.

<sup>1</sup> *Tan Kah Fatt v Tan Ying* [2023] 2 Malayan Law Journal 583 (FC).

<sup>2</sup> For this article, the terms “child” and “children” refer to non-Muslim children.

<sup>3</sup> Chee Ying Kuek, Eng Siang Tay & Gary Kit Min Ng, ‘Inheritance Right of Illegitimate Child in Malaysia: Dawn or Storm after *Tan Kah Fatt v Tan Ying*’ (2023) 3 *Asian Journal of Law and Policy* 77-87 <<https://doi.org/10.33093/ajlp.2023.6>>.

## The story of a dead man and his illegitimate daughter

In 2012, Tan Kah Yong died without a will, leaving behind his parents, lawful wife Tan Ying, and two daughters; namely, Tan Sin Lin from his marriage and Tan Sin Yee from a relationship with Lu Yan Liu. The marriage of the late Mr. Tan and Madam Lu was never registered. Initially, the wife and the deceased's brother were granted the Letter of Administration for his estate, which named five beneficiaries, including Miss Tan Sin Yee, the illegitimate daughter. However, on the advice of her counsel, the wife subsequently contested that the illegitimate daughter was not entitled to the late Mr. Tan's estate and a long-drawn legal battle between them ensued.

At the onset, the High Court ruled against the illegitimate daughter, stating she had no claim to the estate under the Distribution Act 1958 and the decision was upheld by the Court of Appeal. However, when the matter was appealed to the Federal Court, the decision of the lower courts was overturned. The Federal Court interpreted the term "issue" in the Act to include illegitimate children, especially considering their genetic connection. Ultimately, the illegitimate daughter emerged victorious as the Federal Court ruled in her favor, overturning prior decisions that had denied illegitimate children the right to inherit.

## The legal position before *Tan Kah Fatt*

The legal scenario before *Tan Kah Fatt* was a different one. In Malaysia, when a non-Muslim passes away without a will, the Distribution Act determines the individuals entitled to the deceased's estate. Typically, the beneficiaries of an intestate estate under the Distribution Act include the spouse, parents, and issues. The term "issue" encompasses children and the descendants of deceased children, while "child" specifically denotes a legitimate child, or one adopted under the Adoption Act 1952. Before *Tan Kah Fatt*, both the terms "issue" and "child" were references made to legitimate children of a deceased person. Chee and his fellow authors<sup>4</sup> in their article cited the case of *Shanmugam s/o S Kanapathy v Pappah d/o Chinniah Nadar*<sup>5</sup>, whereby it was determined that the plaintiff needed to establish his status as the deceased's lawful son to claim inheritance rights from the deceased's intestate estate. The plain reading of the Distribution Act also points to the conclusion that illegitimate children had no inheritance rights from their biological fathers' intestate estates.

It is worth noting that the same principle does not apply to the relationship between a biological mother and her illegitimate child. An illegitimate child is entitled to succeed on his or her mother's intestacy if the mother does not also leave a surviving child with whom her relationship is legitimate.

## Some concerns about *Tan Kah Fatt*

*Tan Kah Fatt* effectively eliminated the necessity to differentiate between the inheritance entitlements of illegitimate children and their legitimate counterparts regarding intestate succession. The Federal Court's revolutionary decision, which abolished the legal bias against illegitimate children, is commendable and may also be regarded as progressive. The new ruling not only expanded the classes of potential beneficiaries of intestate estates but also enhanced the welfare of illegitimate children, who would otherwise be unfairly disadvantaged by the unregistered unions of their parents over which they neither had control nor involvement.

However, the authors also proclaim that instances of intestate succession involving claims by illegitimate children highlight a conflict between the sanctity of marriage and compassion towards innocent children born out of wedlock. When the Legitimacy Act 1961 was enacted in Malaysia, a definite differentiation was made regarding the entitlements to an intestate estate for legitimate and illegitimate children. It was apparent that the parliamentary intention behind the Act was to safeguard, strengthen, and uphold the institution of marriage.

Upon examining the pertinent provisions in both the Distribution Act and the Legitimacy Act together, the authors firmly affirm the indisputable conclusion that an illegitimate child has no entitlement to inherit the biological father's intestate estate. According to the authors, there exists a strong presumption that a legislature would refrain from amending a statute that constitutes part of a collaborative and consistent national framework unless expressly stated, which is now dismantled by *Tan Kah Fatt*. The authors further argue that both the Distribution Act and section 11 of the Legitimacy Act should form a cohesive intestacy scheme, which includes the restricted entitlement of an illegitimate child to the mother's intestate estate and non-entitlement to the biological father's intestate estate.<sup>6</sup>

In addition to legal ambiguity, *Tan Kah Fatt* also poses administrative and legal challenges for administrators of intestate estates. The authors<sup>7</sup> highlighted the risk of the administrators distributing a deceased's assets without knowing the existence of the illegitimate children who might have a rightful claim to the intestate estate. Additionally, broadening administrative efforts to ensure the precise distribution of a deceased individual's assets will inevitably escalate the costs and time needed to identify all rightful beneficiaries or refute potential fraudulent claims. Inquiries into the potential existence of illegitimate children can also cause discomfort or reopen emotional wounds for those involved. Furthermore, it is foreseeable that conflicts will arise between the deceased individual's administrators, such

<sup>4</sup> *ibid* section 2, page 79.

<sup>5</sup> *Shanmugam s/o S Kanapathy v Pappah d/o Chinniah Nadar* [1994] 2 Current Law Journal 265 (HC).

<sup>6</sup> *supra* n 3, page 84.

<sup>7</sup> *supra* n 3, page 82.

as the spouse or legitimate child, who may reject listing the illegitimate child as a beneficiary, fuelling further bitter legal battles between the parties.

All indications would suggest the imminent arrival of a “storm” in Malaysia following the Federal Court’s ruling in *Tan Kah Fatt v Tan Ying*, which is poised to have a far-reaching effect on Malaysia’s social fabric and legal landscape. That prompts the question: will the storm reach Singapore’s shores?

**Singapore’s intestacy law**

The equivalent of Malaysia’s Distribution Act in Singapore is the Intestate Succession Act 1967. Like its Malaysian counterpart, the Intestate Succession Act also uses the term “issue” in the rules for effecting the distribution of a deceased’s assets who died intestate. Specifically, section 3 of the Act defines:

*“child” means a legitimate child and includes any child adopted by virtue of an order of court under any written law for the time being in force in Singapore, Malaysia or Brunei Darussalam;*

...

*“issue” includes children and the descendants of deceased children.*

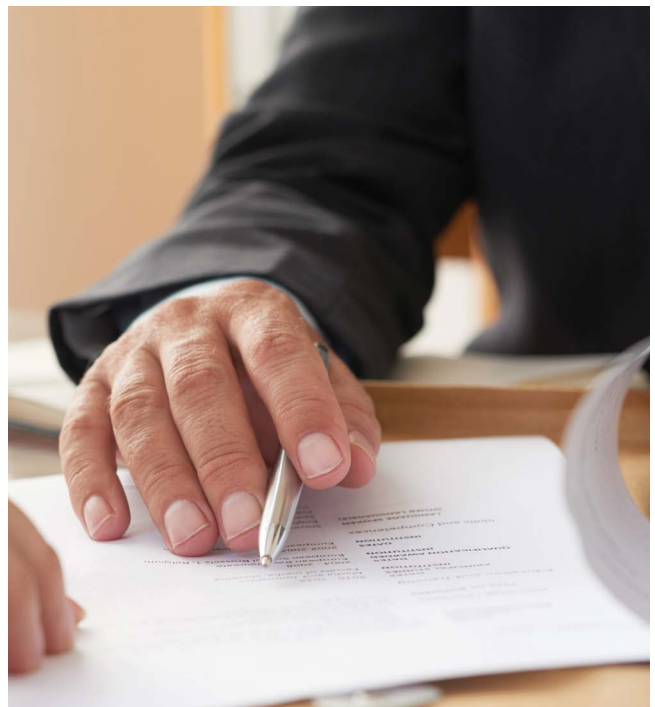
Insofar as Singapore’s intestacy law is concerned, the terms “child” or “issue” only refer to a legitimate child or a child adopted through a court order. In contrast to the situation in *Tan Kah Fatt*, Singapore legislation unambiguously stipulates that only a legitimate child or a child who has been legitimised possesses the right to inherit their parents’ intestate estates.

This legal position was reflected in the seminal case of *AAG v Estate of AAH*, deceased<sup>8</sup> where in paragraphs [22] and [23], Chao Hick Tin JA as he then was, states that:

22 At this juncture, it may be pertinent to refer to the Intestate Succession Act (Cap 146, 1985 Rev Ed) where s 3 provides that a “child” means a “legitimate child”. Thus, the Intestate Succession Act excludes an illegitimate child from succeeding to his or her parent’s intestate estate, unlike his or her legitimate siblings...

23 As would be apparent from the above, the law seems in general to discriminate against illegitimate children. Obviously, this flows from the perception that the family within marriage was considered to be the only acceptable social grouping in which to raise children. We do not think that as far as Singapore society is concerned, our values in this regard has [sic] in any way changed.

This strict application of section 3 of the Intestate Succession Act was also ventilated in *Lim Weipin and another v Lim*



*Boh Chuan and others*<sup>9</sup>. The case revolved around the estate of the deceased Lim Hong Choon (“LHC”) who passed away intestate in 1981. The first plaintiff, Lim Weipin (“LW”) and his wife, the second plaintiff, Lim Yuyan (“LY”) asserted that they were the adopted son and biological daughter of the late LHC respectively. Replying on the Intestate Succession Act, the plaintiffs sought two-thirds of LHC’s shares in a business.

At paragraph [32], the court ruled that:

The plaintiffs are entitled to rely on the Act to advance their claim against the defendants only if they are LHC’s children. Rule 3 of s 7 of the Act provides as follows:

Subject to the rights of the surviving spouse, if any, the estate... of an intestate who leaves issue shall be distributed by equal portions per stirpes to and amongst the children of the person dying intestate and such persons as legally represent those children, in case any of those children be then dead.

33 Section 3 of the Act defines a “child” as follows:

In this Act –

“child” means a legitimate child and includes any child adopted by virtue of an order of court under any written law for the time being in force in Singapore, Malaysia or Brunei Darussalam.

However, at the end of the trial, the court was not persuaded that LW had produced evidence that enabled him to rely on the Act to claim a share of LHC’s estate as he did not prove

<sup>8</sup> [2009] SGCA 56.  
<sup>9</sup> [2010] SGHC 99.

that he was LHC's adopted son. LY, on the other hand, was also not entitled to a share of LHC's estate as she did not prove that she was LHC's legitimate daughter.<sup>10</sup>

As can also be seen in the Ministry of Law's website on the Rules of Distribution under the Intestate Succession Act, it clearly defined the term "issue" as a child (legitimate or legally adopted) and the descendants of a deceased child. Illegitimate children and transferred children are not entitled under the Intestacy Rules<sup>11</sup>.

### **An illegitimate child's entitlement to succeed on mother's intestacy**

In contrast to the situation where illegitimate children are ineligible to inherit from their biological fathers' intestate estates, the requirement for both legal and biological connections is not imposed in the case of mothers. Section 10(1) of the Legitimacy Act 1934 specifies that a child whose relationship with their parents is not legitimate inherits solely from their mother's intestate estate, provided their mother does not leave behind a surviving child with whom her relationship is legitimate. In this aspect, the laws in Singapore and Malaysia are identical.

However, to prevent any unwarranted legal disputes and ensure that an individual's assets are distributed as per their wishes upon their death, it is recommended that parents of an illegitimate child make the necessary provisions through a will. Alternatively, to legitimise the child's status by marrying the other biological parent. This will enable the child to inherit its rightful share of the property under the Legitimacy Act. However, this avenue is not accessible to LGBT<sup>12</sup> couples within Singapore's legal framework.

### **Legitimising an illegitimate child**

This is because same-sex relationships have no legal recognition in Singapore and there are no mechanisms for same-sex couples to formalise their unions here. Under Singapore law, marriage is strictly defined as a union between a man and a woman. However, it is legally feasible for an LGBT couple to adopt their biological child, thus conferring legitimacy similar to that of a child born within marriage. However, the limitation is that men are typically only allowed to apply as individuals to adopt male children, unless exceptional circumstances justify the adoption of a female child.

It is also important to note that in Singapore, a child born through surrogacy is not legally recognised as the child of the biological parents, making them illegitimate under the law. Despite advancements in surrogacy technology, pursuing surrogacy procedures, whether domestically or internationally, remains illegal.

One way to legitimise a child born through surrogacy is through adoption by the biological parent. In a notable 2018 case, the Singapore High Court allowed a gay Singaporean man to adopt his biological child born via commercial surrogacy in the United States, deeming it in the child's best interest to grant the adoption.

However, Singapore's public policy generally discourages parenthood outside of marriage and frowns upon the formation of same-sex family units. Consequently, parents regardless of their marital status or sexual orientation may want to legitimise their biological children through adoption. However, should adoption efforts fail, these children will remain illegitimate under Singapore law.

### **Conclusion**

The decision of *Tan Kah Fatt* may be welcomed by certain sections of Malaysian society as it removes legal discrimination against illegitimate children. After all, these innocent children should not be deprived of their rightful entitlements when they have no role or control over their parents' conjugal conduct. However, as Chee and his co-authors have rightfully pointed out, the decision is highly disputed and should be revisited in the future.

Insofar as Singapore is concerned, the parliamentary intention and the statutes are clear; illegitimate children are strictly excluded from relying on the Intestate Succession Act to advance their claims to their biological fathers' intestate estates. So, for now, the *Tan Kah Fatt storm* is expected to stop at the doorstep of the causeway. 🏠



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<sup>10</sup> *ibid.*, para. [126].

<sup>11</sup> <https://pto.mlaw.gov.sg/deceased-cpf-estate-monies/information-for-next-of-kin-estate-monies/>.

<sup>12</sup> Abbreviation for Lesbian, Gay, Bisexual, and Transgender.

# 风暴是否会南下新加坡 新加坡非婚生子女继承权的问题？

by Richard Siaw, Loh Chang Woo & Fionn Teo



## 陈嘉发与陈英判决的风暴

2023年10月，马来西亚联邦法院发布了一项具有突破性的裁决，推翻了该国长期以来关于非婚生子女的法律立场。在陈嘉发与陈英案的法庭裁决之前，马来西亚法律明确区分了合法子女和非婚生子女的继承权。合法子女自动继承其父母的无遗嘱财产，而非婚生子女只有在其私生子身份合法化后方有继承权。如果私生子的身份没有合法化的话，他们将无权继承其父亲的无遗嘱财产。然而，陈嘉发案改变了这一法律格局。

在陈嘉发案后，联邦法院的这项具有重大影响的裁决废除了非婚生子女与合法子女在父母死后无遗嘱财产继承权之间的区别。现在，在马来西亚，非婚生子女与合法子女享有同等待遇，有权获得其父母的无遗嘱财产的一部分，无论其父母在孩子出生时的婚姻状况如何，以及随后其私生子身份即便没有合法化。Chee Ying Kuek与联署作者在题为《马来西亚非婚生子女的继承权：陈嘉发与陈英案后的黎明还是风暴》的文章中探讨了该案所引发在相关法令之间的冲突以及法律问题。

本文旨在阐述Chee及其联署作者提出的分析，借以指出随陈嘉发案后新加坡和马来西亚之间相关法律立场的对比。

### 一位死去男子和他的非婚生女儿的故事

2012年，陈嘉勇无遗嘱去世，留下了他的父母、合法妻子陈英以及两个女儿：与其结婚的孩子陈心琳以及与卢艳柳所生的女儿陈心怡。已故的陈先生和卢女士的婚姻从未注册。最初，妻子和陈嘉勇的哥哥被授予了他的遗产庭令，其中包括五名受益人，私生子陈心怡是其一。然而，在她的律师建议下，妻子随后提出异议，认为私生女儿无权继承已故陈先生的遗产，随后双方就发生了一场漫长的法律纠纷。

起初，高等法院判决不利于私生女儿，称她在《1958年分配法》下无权要求遗产，并且这一决定得到了上诉法院的支持。然而，当此事上诉到联邦法院时，之前法院的决定被推翻了。联邦法院解释称《法案》中的“子嗣”一词包括非婚生子女，尤其考虑到他们的血缘联系。最终，判私生女儿胜诉，推翻了先前否定非婚生子女继承权的决定。

## 陈嘉发案之前的法律立场

陈嘉发案之前的法律情况是不同的。在马来西亚，当非穆斯林无遗嘱者去世时，《分配法》确定了有权获得离世者财产的人士。根据《分配法》，无遗嘱财产的受益人通常包括配偶、父母和子女。该术语“子嗣”包括子女和已故子女的后代，而“子女”专门指的是合法子女，或者根据《1952年收养法》收养的子女。在陈嘉发案之前，“子嗣”和“子女”这两个术语都是指离世者的合法子女。Chee及联署作者在他们的文章中引用了Shanmugam s/o S Kanapathy v Pappah d/o Chinniah Nadar案，该案裁定原告需要证明自己是已故者的合法子女，才能从已故者的无遗嘱财产中要求继承权。《分配法》的直观阅读也表明，非婚生子女无权从其生父的无遗嘱财产中得到任何遗产。

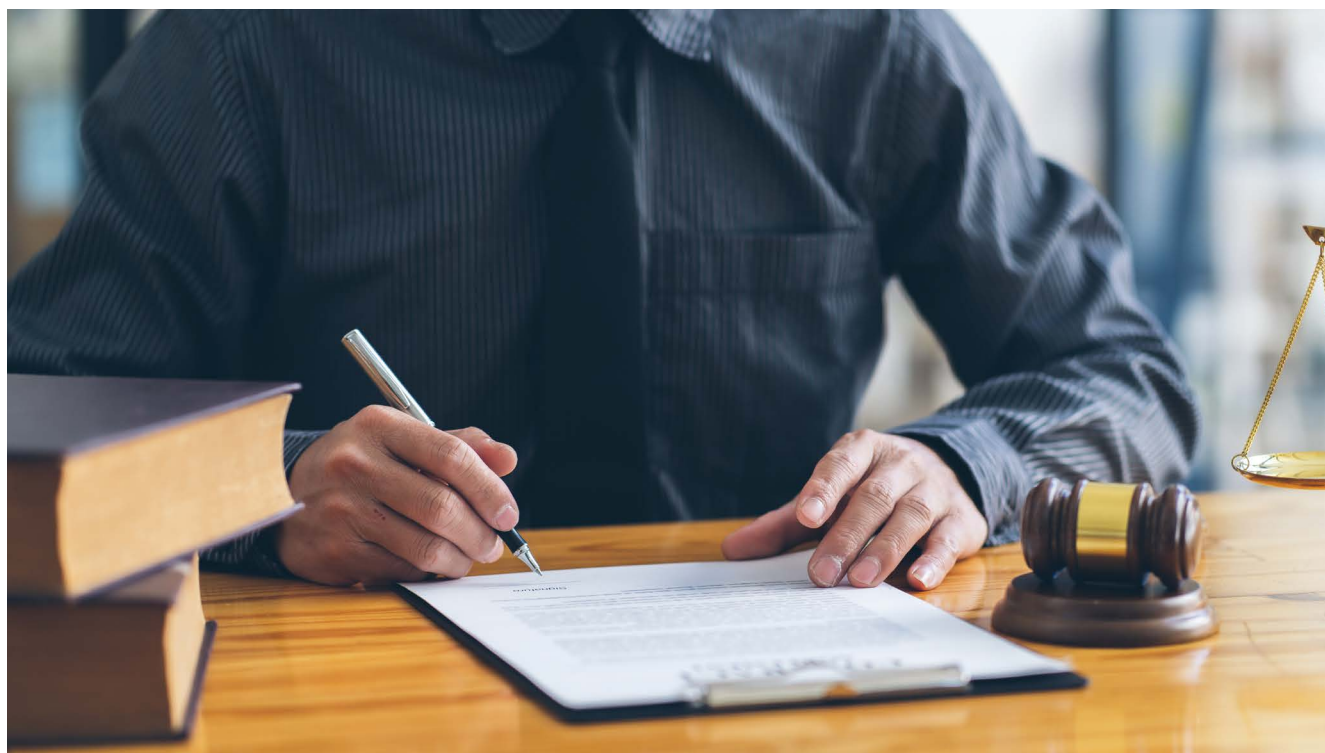
值得注意的是，同样的原则却不影响生母与其非婚生子女之间的情况。只要生母没有留下其他婚内子女的话，其非婚生子女便有权继承其母亲无遗嘱下的遗产。

### 关于陈嘉发案的一些隐患

陈嘉发案有效地消除了在无遗嘱继承中非婚生子女和合法子女之间继承权的差别。联邦法院的这一革命性决定，废除了对非婚生子女的法律偏见，值得赞扬，并且也可以视为法律向前跨进了一步。新的裁决不仅扩大了无遗嘱财产的潜在受益人范围，还增强了非婚生子女的福利，否则他们将受到其父母非注册结合的不公平对待，对此他们既没有控制也没有参与。

然而，Chee及其联署作者还指出，涉及非婚生子女的无遗嘱继承案件引发了婚姻的神圣性和对非婚生子女的同情之间的冲突。当1961年《合法法》在马来西亚颁布时，就明确了关于合法和非婚生子女的无遗嘱继承权的区别。很明显，法案背后的国会意图是保护、加强和维护婚姻制度。

在审查《分配法》和《合法法》中的相关规定后，Chee及其联署作者坚定地肯定了一个不容争议的结论，即非婚生子女无权继承生父的无遗嘱财产。根据该作者的说法，国会有必要确保所修改的地方法令与国家联邦法令框架的一致性，除非有明确规定例外的情况，而这一点现在被陈嘉发案推翻了。作者进一步主张，《分配法》和



《合法法》第11条应构成一个统一的无遗嘱继承方案，其中包括非婚生子女对母亲的无遗嘱财产的受限继承权，以及对生父的无遗嘱财产的不受权。

除了法律上的模糊之外，陈嘉发案还给无遗嘱财产的遗产执行者带来了行政和法律上的挑战。作者强调了遗产执行者在不知道存在非婚生子女的情况下分配已故人财产的风险，这些非婚生子女可能对无遗嘱财产拥有合法权益。此外，为了确保准确分配离世者的遗产将增加成本和时间以及得面对潜在的欺诈行为。对潜在存在非婚生子女的调查还可能引起不适或重新打开参与者的情感创伤。此外，可以预见到，执行者之间将出现冲突，如拒绝将非婚生子女列为受益人的配偶或合法子女，从而进一步加剧各方之间的激烈法律争斗。

所有迹象都表明，在联邦法院就陈嘉发与陈英案的裁决之后，马来西亚即将迎来一场“风暴”，这场风暴将对马来西亚的社会结构和法律格局产生深远影响。这引发了一个问题：这场风暴是否会来到新加坡？

### 新加坡的无遗嘱法律

在新加坡，《无遗嘱继承法》的相当于马来西亚的《分配法》。与马来西亚相同，《无遗嘱继承法》也在制定遗产分配规则中使用术语“子女”。具体来说，该法案的第3

条规定：

“子女”指的是合法子女，包括根据新加坡、马来西亚或文莱达鲁萨兰国现行法律的法院命令被收养的任何子女；

...

“子嗣”包括子女和已故子女的后代。

就新加坡的无遗嘱法律而言，“子嗣”或“子女”一词仅指合法子女或通过法院命令被合法化的子女。与陈嘉发案的情况相反，新加坡的立法明确规定，只有合法子女或已合法化的子女才有权继承其父母的无遗嘱财产。

这一法律立场反映在AAG v AAH的案件中，在该案的[22]和[23]段中，当时的Chao Hick Tin法官指出：

22 在这个时刻，参考《无遗嘱继承法》(1985年修订版，第146章)，第3条规定了“子女”是指“合法子女”。因此，无遗嘱继承法排除了非婚生子女从其父母的无遗嘱财产继承的可能性，与其合法的兄弟姐妹不同...

23 正如从上述可以看出，法律似乎总体上对非婚生子女进行歧视。显然，这源于婚姻内的家庭被认为是养育子女的唯一可接受的社会组织的看法。我们不认为就新

加坡社会而言，我们在这方面的价值观有任何改变。

《无遗嘱继承法》第3条的严格适用也在林维平和另一人诉林渤铨和其他人案中得以体现。该案围绕1981年无遗嘱去世的已故林鸿俊(“LHC”)的财产展开。原告之一，林维平(“LW”)及其妻子，第二原告，林玉燕(“LY”)声称他们分别是已故LHC的养子和生女。法庭根据《无遗嘱继承法》第7条第3款的规定做出了以下裁决：

只有在证明了原告是LHC的子女时，原告才有权依据该法案要求获得LHC企业的三分之二股权。该法案第3条规定如下：

在此法案中—

“子女”指的是合法子女，包括根据新加坡、马来西亚或文莱达鲁萨兰国现行法律的法院命令被收养的任何子女。

然而，在审判结束时，法庭未能说服LW提供足够的证据，使他能够依赖该法案要求获得LHC财产的一部分，因为他没有证明他是LHC的养子。另一方面，LY也无权获得LHC财产的一部分，因为她没有证明自己是LHC的合法女儿。

正如在《无遗嘱继承法》规定的分配规则的司法部网站上所见，其明确定义了“子嗣”一词，即合法或合法收养的子女及其已故子女的后代。非婚生子女和转移子女不在无遗嘱继承规则下享有权利。

### 非婚生子女继承母亲无遗嘱的权利

与非婚生子女无权从其生父的无遗嘱财产中继承的情况相反，对母亲而言并不强制要求具有法律和血缘联系。1934年《合法法》第10(1)节规定，与父母关系不合法的子女仅继承母亲的无遗嘱财产，前提是母亲没有留下与之关系合法的子女。在这一方面，新加坡和马来西亚的法律是相同的。

然而，为了避免不必要的法律争执，并确保个人的资产在死后按照其意愿进行分配，本作者建议非婚生子女的父母通过遗嘱做出必要的安排。或者，通过与另一位亲生父母结婚来合法化孩子的身份。然而，这种途径在新加坡的法律框架内对LGBT(即是，同性恋)夫妇却行不通。

### 合法化非婚生子女

这是因为同性关系在新加坡没有法律承认，也没有机制让同性夫妇在这里正式结合。根据新加坡法律，婚姻严格定义为一男一女之间的联合。然而，同性伴侣可以通过领养他们的亲生子女来合法化，从而赋予了子女与婚姻内出生的子女相似的合法地位。然而，这种方式的限制在于男性通常只被允许作为个人申请领养男性孩子，除非有特殊情况才能允许领养女性孩子。

值得注意的是，在新加坡，通过代孕出生的孩子在法律上不被认为是亲生的孩子，因此他们在法律上是非法的。尽管代孕技术有所进步，但代孕，无论是在国内还是国外进行，在新加坡仍然是非法的。

一种解决的方式是由相关的人士领养其孩子。在2018年一起引人注目的案件中，新加坡高等法院允许一名同性恋新加坡男子领养他通过商业代孕在美国出生的孩子，认为这是对孩子最有利的做法。

然而，新加坡的公共政策不鼓励非婚生育，并且对同性家庭单位的形成持负面态度。因此，无论其婚姻状况或性取向如何，父母可能都希望通过领养来合法化其子女。然而，如果领养失败的话，这些子女将继续在新加坡法律下还是没有合法的亲子身份的。

### 结论

陈嘉发案的决定可能会受到马来西亚某部分社会的欢迎，因为它消除了对非婚生子女的法律歧视。毕竟，这些无辜的孩子在他们对父母的婚姻行为没有任何作用或控制的情况下，不应被剥夺他们的合法权利。然而，正如Chee他们所指出的那样，陈嘉发案的判决存在着很大争议，未来应该重新审视类似的案子。

就新加坡而言，国会的意图和法规是清晰的；非婚生子女是不可依靠《无遗嘱继承法》来要求分到其生父的无遗嘱遗产。因此，就目前而言，陈嘉发风暴预计将止步于新柔长堤的门前。

本文提供的内容仅供参考。该内容无意也不应被解释为法律建议或法律意见。读者不应出于任何目的依赖此处提供的内容，并应始终寻求适当司法管辖区律师的法律建议。



# Tech Oasis: The Rise of **High-Tech** **Wellness Retreats**

by Christina Yip

**I**n a world where the relentless pace of modern life often leaves us yearning for respite and rejuvenation, a new trend is emerging at the intersection of luxury and well-being: high-tech wellness retreats. These exclusive destinations are not merely an escape from the chaos; they represent a pioneering convergence of cutting-edge technologies with the age-old pursuit of serenity. From personalised health monitoring using advanced wearables to the embrace of AI-driven mindfulness programmes, these tech oases are not just redefining luxury travel for the affluent but are poised to revolutionise the very essence of the wellness experience.

*As we bid farewell to traditional paradigms, these high-tech sanctuaries beckon us to welcome the dawn of a new era in well-being.*

### **The Evolution of Wellness Retreats**

The allure of high-tech wellness sanctuaries extends beyond whisking guests away from their daily routines; it lies in their commitment to redefine wellness. This commitment permeates every experience, from the moment guests step through the door to the culmination of their sojourn. The marriage of luxury and technology unfolds as a narrative, with advanced wearables transforming into a symphony of insights, orchestrating an intricate dance into the rhythms of well-being.

At the core of this narrative is the acknowledgment that wellness is dynamic, requiring adaptation, personalisation, and innovation. Advanced wearables, equipped with sophisticated sensors and real-time monitoring capabilities, stand as vanguards in this journey. Entrusted to guests, these state-of-the-art devices empower individuals with heightened awareness, setting the stage for a bespoke wellness experience that harmonises with their unique needs.

The narrative gains depth with AI-driven mindfulness programmes – an ingenious fusion of ancient practices and futuristic technologies. Here, artificial intelligence (AI) becomes the silent guide, interpreting nuances to curate a mindfulness journey transcending the generic. AI algorithms, akin to digital artisans, sculpt personalised sessions, virtual reality experiences, and interactive activities resonating with each guest's quest for mental well-being.

These high-tech retreats extend their embrace into the very infrastructure, with smart rooms that allow guests to control the ambient settings. This narrative acknowledges holistic comfort, where technology seamlessly extends as an ambient symphony, harmonising with the desires of those seeking refuge.

Wellness retreats and traditional havens for those seeking refuge from daily demands, have long been associated with natural surroundings and organic practices. Rooted in a commitment to mental and physical health, they offer a haven for disconnection, recharge, and focus on holistic well-being. However, as technology advances at an unprecedented pace,

a new era of wellness retreats emerges – one that embraces innovation to enhance overall guest well-being. Together, these realms signify a transformative journey into the future of wellness, where ancient traditions meld seamlessly with cutting-edge technologies in a quest to redefine the essence of well-being.

### **Personalised Health Monitoring: Unleashing Cutting-Edge Wearable Technologies**

Within the domain of high-tech wellness retreats, the fusion of personalised health monitoring is advanced by cutting-edge wearables, each boasting innovative features that surpass conventional fitness trackers. These products represent the forefront of innovation in personalised health monitoring, demonstrating how technology has become a dynamic force in shaping the trajectory of the wellness journey during high-tech retreats.

#### **1. Stress Resilience with Biofeedback Wearables**

Imagine arriving at a leading wellness retreat, where guests are equipped with the Oura Ring, a cutting-edge wearable that goes beyond conventional tracking. The Oura Ring, equipped with advanced heart rate variability (HRV) sensors, provides real-time insights into the autonomic nervous system's response, making it a valuable biofeedback tool.

Utilising the Oura Ring, individuals undergoing the retreat experience gain continuous stress level monitoring. This enables the wellness team to design bespoke stress resilience programmes, incorporating targeted biofeedback sessions, mindfulness training with virtual reality (VR) experiences, and stress-reducing activities. The wellness journey unfolds seamlessly, guided by real-time HRV data, empowering participants to cultivate lasting stress resilience.

#### **2: Optimal Sleep Enhancement with Sleep Tech Wearables**

For guests seeking optimal sleep, the Dreem 2 headband becomes an integral part of the wellness retreat experience. This advanced sleep tech wearable utilises a combination of actigraphy and biometric sensors to delve deep into sleep patterns and provide actionable insights.

Participants in the retreat can leverage the Dreem 2 headband for tailored sleep optimisation programmes. Insights from the headband shape interventions, such as adjusting ambient conditions in smart accommodations, recommending specific pre-sleep rituals, and tailoring interventions based on real-time sleep metrics. This retreat experience showcases the transformative power of sleep technology, as participants achieve profound and sustainable improvements in sleep quality.

**3: Holistic Fitness Empowerment with Performance Trackers**  
 Fitness enthusiasts benefit from the Garmin Venu 2, a performance tracker that combines cutting-edge features for a comprehensive wellness experience. This wearable integrates heart rate monitoring, advanced activity tracking, and detailed biometrics to offer a holistic view of individual fitness levels and overall well-being.

The Garmin Venu 2 becomes a dedicated fitness companion for participants, continuously monitoring heart rate, physical activity, and energy expenditure. Real-time data feeds into customised fitness programmes, including tailored workout sessions, nutritional guidance, and recovery strategies. The journey toward holistic well-being is guided by the precision and accuracy provided by the Garmin Venu 2, making it an indispensable tool in the quest for sustained fitness.

**AI-Enhanced Mindfulness Journeys: Navigating Tranquility with Technological Grace**

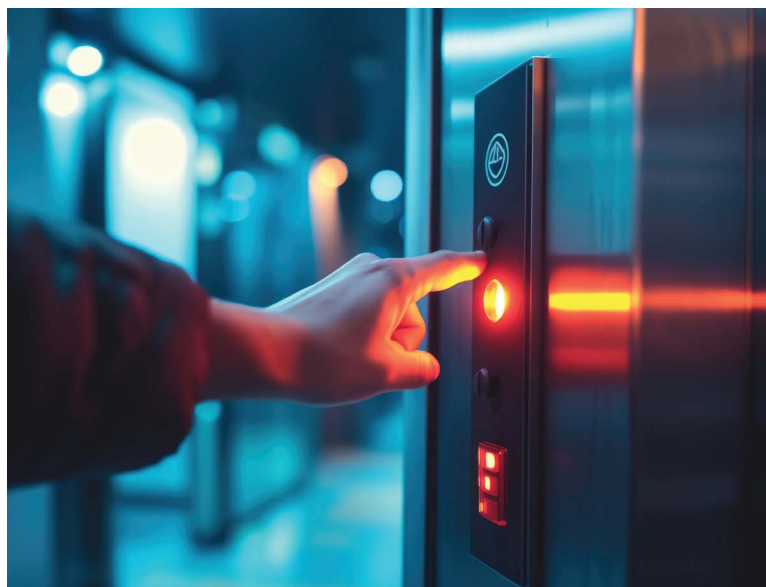
In the ever-evolving realm of wellness, the infusion of AI has given rise to a new dimension of sophisticated mindfulness programmes. These innovative initiatives, driven by AI, meticulously cater to the unique needs and preferences of each participant, ushering in a tech-powered era of well-being. The fusion of AI and mindfulness exemplifies a harmonious convergence of technology and well-being, as high-tech wellness retreats embrace these advancements, participants find themselves on a tech-powered quest for serenity, navigating the complexities of the mind with technological grace.

**1. Unlocking Cognitive Insights with Muse: Real-Time Brainwave Analysis**

Embark on a journey into mindfulness with the Muse headband, a technological marvel that provides users with real-time insights into their mental states. Through the analysis of brainwave patterns, Muse seamlessly integrates neuroscience and AI, offering guidance and feedback to enhance meditation practices. This sub-heading explores how Muse serves as a personal cognitive guide, utilising AI to create a tailored mindfulness experience based on individual responses.

**2. Tailoring Meditation with Headspace: AI Algorithms for Personal Evolution**

Delve into customised meditation exercises with Headspace, a frontrunner in the wellness tech landscape. This sub-heading showcases how Headspace employs AI algorithms to tailor meditation experiences based on user feedback and progress over time. It highlights the dynamic nature of



the app, illustrating AI as a responsive companion guiding individuals through an evolving mindfulness journey.

**3. Dynamic Meditation Sessions with Calm: Machine Learning for Personal Harmony**  
 Explore the dynamic and evolving meditation sessions curated by Calm, an app that utilises machine learning to adapt to user preferences. This sub-heading details how Calm employs intelligent adaptation to finely tune the mindfulness journey for individuals, recognising the nuanced and ever-changing nature of mental well-being. It sheds light on AI as an intelligent force, harmonising technology with personal preferences for a comprehensive wellness experience.

**4. Real-World Engagement: Muse, Headspace, and Calm in High-Tech Wellness Retreats**

Delve into the integration of Muse, Headspace, and Calm within high-tech wellness retreats. This sub-heading explores how these real-world examples seamlessly blend into the retreat environment, shaping a tech-powered quest for serenity. It underscores the symbiotic relationship between technology and mindfulness, offering participants a dynamic and transformative experience in navigating the complexities of the mind.

**Innovative Architectures: Elevating Retreat Experiences through Technological Integration**

**1. Harmonious Ambiance Control with IoT Integration**  
 Within high-tech wellness retreats, the integration of IoT into sophisticated living spaces transcends conventional hospitality. Picture a retreat where the ambient surroundings,

from lighting to room fragrance, are under the discerning control of guests through state-of-the-art devices like the Google Nest Hub. These smart environments redefine luxury by providing a seamless and bespoke experience, immersing guests in an ambiance tailored precisely to their preferences.

### 2. Sophisticated Security and Convenience: The Biometric Symphony

The integration of biometric authentication systems adds an unparalleled layer of security and convenience to the retreat setting. Drawing inspiration from cutting-edge technologies such as Apple's Face ID and advanced fingerprint recognition systems, guests experience effortless access to facilities and personalised services, and delves into the elegant fusion of security and convenience, where biometrics become the symphony orchestrating a refined and secure retreat experience.

### 3. Silent Elegance: Crafting a Tranquil Technological Retreat

In the pursuit of unparalleled guest experiences, high-tech wellness retreats aspire to create an environment where technology operates with silent elegance. Amazon's Alexa's integration into retreat rooms, illustrate this sophisticated approach. Here, technology becomes an intuitive presence, anticipating and fulfilling the needs of guests without disrupting the overarching sense of tranquility and relaxation. This explores the intricate orchestration of intelligent environments, where cutting-edge innovations enhance the retreat experience with a touch of silent sophistication.

## Elevating Remote Wellness Engagement: Virtual Consultations Unveiled

### 1. Connecting Virtually with Wellness Experts

In the realm of high-tech wellness retreats, technology transcends physical boundaries to offer virtual wellness consultations, seamlessly connecting guests with experts. Picture an experience where guests virtually meet renowned wellness professionals, nutritionists, and fitness trainers, all before setting foot in the retreat. Real-world platforms like Zoom or Microsoft Teams exemplify how technology facilitates these connections, ensuring a bridge between expertise and wellness enthusiasts.

### 2. Comprehensive Insight through Virtual Channels

Virtual consultations extend beyond mere conversations, integrating video conferencing, AI-driven health assessments, and data from wearables. Real examples include platforms like HealthTap or Doxy.me, which utilise AI to provide in-depth health insights. They explore how these technological elements synergise to offer guests a thorough understanding of their current health status, setting the stage for a customised and transformative retreat experience.

### 3. Tailored Wellness Plans: Precision Before Arrival

The culmination of virtual engagement lies in the crafting of customised wellness plans before guests even arrive. Platforms such as SteadyMD or 98point6 exemplify how this pre-arrival synergy unfolds. Through data-driven insights obtained during virtual consultations, the wellness team tailors recommendations, ensuring that each guest embarks on their retreat journey equipped with a tailored plan, meticulously crafted to meet their individual needs. This sheds light on how technology not only connects experts and guests but also serves as a catalyst for precision in wellness planning from the outset.

## Conclusion: Pioneering the Future of Well-Being through High-Tech Sanctuaries

In the ever-evolving landscape of luxury travel, the ascent of high-tech wellness retreats marks a pivotal paradigm shift. This transformation goes beyond the opulence traditionally associated with indulgent getaways, introducing a revolutionary fusion of cutting-edge technology and the timeless pursuit of well-being. The seamless integration of wearables, AI-driven mindfulness programmes, smart accommodations, and virtual wellness consultations propels these retreats into the vanguard of redefining the essence of escape, unwind, and rejuvenate.

In envisioning the future of luxury travel, high-tech wellness retreats emerge as trailblazers, perfectly attuned to the escalating demand for personalised and immersive experiences. Beyond the superficial allure of lavish amenities, these destinations signify a transformative journey, an odyssey towards a more connected and tailored approach to wellness. Here, technology assumes the role of a silent yet omnipresent partner, not merely enhancing the retreat experience but becoming an intrinsic part of the quest for serenity and balance.

As we bid farewell to traditional paradigms, these high-tech sanctuaries beckon us to welcome the dawn of a new era in well-being. It is a future where the oasis transcends being a mere destination; it transforms into a tech-infused sanctuary for the body, mind, and soul. The echoes of innovation and tranquility intertwine, creating a symphony that reverberates through the corridors of luxury travel, inviting all to partake in a journey where the confluence of technology and well-being becomes a testament to the evolution of the ultimate escape. Welcome to the future of well-being, where every retreat is not just a destination, but a transformative sanctuary poised at the nexus of technology and serenity. 🏡

# Aston Martin Aramco Formula One Team Unveils the AMR24

## A Hyper-Focused Evolution

by Toh Mu Qin



The Aston Martin Aramco Formula One Team has set the stage for the 2024 season with the grand unveiling of their latest challenger, the AMR24. This momentous occasion marks not only the introduction of a new racing machine but also celebrates the team's journey towards achieving excellence on the track.

In a striking racing green livery adorned with Aramco's title partner branding, the AMR24 represents a significant evolution from its predecessor, which has propelled the team to eight podiums and 280 points in the previous season. Building upon their successes, the AMR24 embodies a meticulous design philosophy focused on enhancing performance across a broader spectrum of circuits.

Team principal Mike Krack expressed his pride in debuting the AMR24, emphasising the collective effort of the team at the new AMR Technology Campus. Krack highlighted the team's hyper-focus on improvement in every aspect, concentrating efforts on what truly makes a difference in pursuit of excellence. With a lighter and more aerodynamically efficient construction, the AMR24 aims to elevate the team's performance to new heights.

Technical director Dan Fallows elaborated on the meticulous approach taken in developing the AMR24. The car features numerous new components, including a redesigned chassis,

nose, front wing, and suspension systems, laying a robust foundation for continuous development throughout the season.

One of the key focus areas in the AMR24's design is its enhanced versatility across various circuit characteristics. Fallows emphasised the importance of creating a more adaptable race car capable of excelling in diverse racing conditions, thereby ensuring a sustained competitive edge throughout the season.

Under the hood, significant modifications have been made to optimise airflow management and downforce generation. The front wing design has been revised to efficiently manage front wheel wake, while the overhaul of sidepods and bodywork enhances airflow around the floor and over the rear wing. The AMR24 also features a push-rod suspension layout both front and rear, further enhancing performance and aerodynamic efficiency.

As anticipation builds for the upcoming season, drivers Lance Stroll and Fernando Alonso express their enthusiasm and determination to build upon the team's achievements and make strides towards success on the track. With a blend of experience and youthful vigour, the Aston Martin Aramco Formula One Team embarks on a new chapter fuelled by ambition and a relentless pursuit of excellence. 🏁

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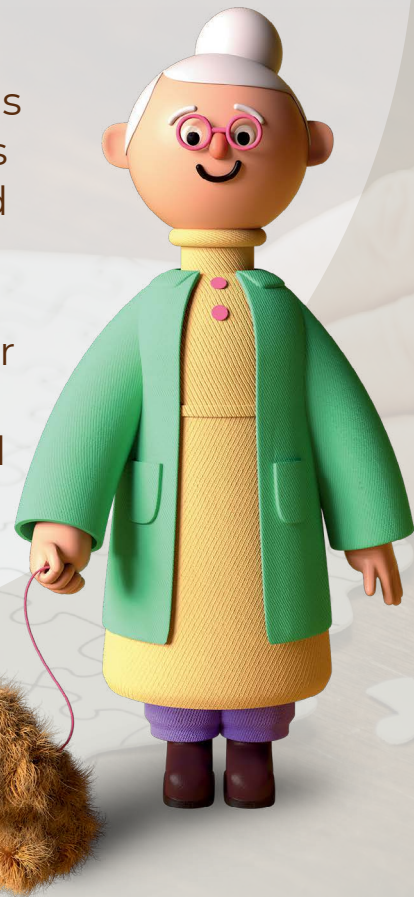
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